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COUNCIL OF THE CITY OF PHILADELPHIA

3

PUBLIC HEARING

4

COMMITTEE ON PUBLIC HEALTH AND HUMAN SERVICES

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Room 696, City Hall
Philadelphia, Pennsylvania
Tuesday, September 17, 2002
10:15 a.m.

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BILL 010675 - Resolution authorizing the Committee
on Public Health and Human Services to hold hearings
to investigate the causes and effects of continuing
high levels of infant mortality in Philadelphia
African American neighborhoods.

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PRESENT:

15

COUNCILWOMAN MARIAN B. TASCO, Chair
COUNCILWOMAN BLONDELL REYNOLDS BROWN
COUNCILMAN WILSON W. GOODE, JR.
COUNCILMAN RICHARD T. MARIANO
COUNCILWOMAN DONNA REED MILLER
COUNCILMAN ANGEL L. ORTIZ
COUNCILMAN FRANK RIZZO

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2 COUNCILWOMAN TASCO: Good morning. I'd
3 like to call the hearing to order. I'd like to note
4 that we have a quorum in the presence of Councilman
5 Goode, Councilman Ortiz and Councilman Rizzo and
6 Marian Tasco, I am chair the committee.

7 I call on Brenda Frazier to read the
8 hearing notice.

9 MS. FRAZIER: Resolution No. 010675,
10 authorizing the Committee on Public Health and Human
11 Services to hold hearings to investigate the cause
12 and effects of continuing high levels of infant
13 mortality in Philadelphia's African American
14 Neighborhoods.

15 Whereas, infant mortality indicates that
16 a baby dies before a first birthday. Its incidence
17 greatly for white or minority women in the City of
18 Philadelphia; and

19 Whereas, overall for every 1,000 live
20 births in Philadelphia in 1999 there were 11.6
21 infant deaths, but for every 1,000 live births in
22 the African American community, the rate of infant
23 deaths was 16.7, while there were 5.8 infant deaths
24 for white babies;

25 Whereas, a complex set of factors, not

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2 all of which are fully understood, impacts the large
3 discrepancy between white and black communities and
4 the health of mothers and their babies; and

5 Whereas, many studies have pointed to
6 the general conditions of poverty and unhealthy
7 living conditions, the lack of prenatal care, the
8 use of drugs, alcohol, and tobacco, can precipitate
9 low birthweight of a newborn; and

10 Whereas, low birthweight can be the
11 single most important indicator of complications for
12 the survival of a baby, it is increasingly being
13 linked to mental, emotional, and physical stress of
14 the mother; and

15 Whereas, Northwest Philadelphia has not
16 been a recipient of a Healthy Start Program, neither
17 has it been targeted for substantive increases in
18 maternal healthcare or maternal health education;
19 and

20 Whereas, an infant death produces such a
21 cycle of trauma, depression, grief, and loss within
22 a family that it can negatively influence the
23 society at large; and

24 Whereas, new initiatives are needed to
25 improve the chances of infant survival and to

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2 decrease infant mortality throughout minority
3 communities.

4 Therefore, resolved that the Council of
5 the City of Philadelphia authorize the Committee on
6 Public Health and Human Services to hold hearings to
7 investigate the causes and effects of continuing
8 high levels of infant mortality in Northwest
9 Philadelphia's African American neighborhoods.

10 COUNCILWOMAN TASC0: Thank you very
11 much.

12 I'd like to add that Councilman Mariano
13 is joining us.

14 I will have some prepared remarks. And
15 after my remarks, I will invite my colleagues to
16 make any opening statements they would like to make.

17 There is a greeting in an African
18 village that is not "hello" or "how are you," but
19 "How are the children?"

20 The strength of a society is measured by
21 how it cares for its young and its old. By today's
22 standard, our society is less than strong because
23 our children are not well.

24 We are in the middle of a crisis of
25 epidemic proportions. So much attention has been

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2 focused this past summer on child kidnappings,
3 murders, and other violent crimes that not enough
4 people are talking about the number one crisis among
5 children in Philadelphia: Infant mortality.

6 As a parent and grandparent, learning
7 about the continuing numbers of infant deaths we are
8 going to discuss today shocked me. As a
9 Councilwoman, I have turned this shock into action.
10 We can no longer afford to stay silent. This
11 hearing today is intended to focus attention on
12 Philadelphia's above-average, double-digit death
13 rate and underscore the dire need to make further
14 inroads on reducing it.

15 According to a recent Morbidity and
16 Mortality Weekly Report from the Centers for Disease
17 Control and Prevention, the CDC published in April
18 2002, Philadelphia, tied with Buffalo, was ranked as
19 having the 11th highest infant mortality rate among
20 the 60 largest cities for the period 1995 to 1998.

21 Bringing this closer to home, according
22 to the recent Philadelphia Department of Public
23 Health Report for 1999, Philadelphia resident birth,
24 death, disease and population data by health
25 district, by neighborhood, and by census tract

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2 within health districts, 4 of the 21 neighborhoods
3 with infant death rates above the city-wide rate
4 fall within my Councilmanic district in whole or in
5 part. Of the 10 neighborhoods with the highest
6 infant mortality rates, three fall within my
7 district in whole or in part.

8 The highest infant mortality rate in
9 Philadelphia in the last reported year, 1999, was in
10 the West Oak Lane-Cedarbrook neighborhood of my
11 Councilmanic District, with 24.9 deaths per 1,000
12 live births. The number was more than double the
13 infant mortality rate for the City as a whole that
14 year, which was 11.6 per 1,000 live births.

15 I have been cautioned that we cannot
16 look at just one year's statistics in a vacuum. But
17 the fact remains that the West Oak Lane-Cedarbrook
18 neighborhood has had an infant death rate much
19 higher than the City rate for three of the last four
20 years for which data is available, 1996 through
21 1999. This City data also shows that the highest
22 infant death rates are occurring in certain
23 neighborhoods year after year. So my concern and
24 alarm is well-founded.

25 Just last week, the CDC released its

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2 Health, United States 2002 report, the 26th annual
3 statistical report on the nation's health. It
4 reported that the national infant mortality rate
5 dropped to 6.9 in 2000. This is good news of a
6 continuing overall downward trend in infant deaths.
7 But it stands in stark contrast to the 1999 West Oak
8 Lane-Cedarbrook rate which was more than three times
9 higher.

10 Much effort has been made here in
11 Philadelphia, as well as across the country, to
12 reduce the number of infant deaths. Many of the
13 witnesses we will hear from today play a major role
14 in making this happen. Many of you work hard every
15 day to provide important prenatal care services to
16 pregnant women in our communities. My colleagues on
17 Council and I applaud your effort.

18 Progress has been made over the years,
19 in part due to increased access to healthcare
20 services for low-income families through federal and
21 state health insurance programs such as Medicaid and
22 the Children's Health Insurance Program known as
23 CHIP. But the sad fact is that too many of our
24 neighborhoods, including the neighborhoods in my own
25 Councilmanic District, infant deaths are still far

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2 above the City and national averages.

3 Research shows that there are
4 significant racial and ethnic disparities in infant
5 mortality rates. In particular, African American
6 and Hispanic infants are much more likely to die
7 within the first year of life than Caucasian babies
8 are. More women are getting prenatal care earlier
9 in their pregnancies, but, again, racial disparities
10 exist. And racial disparities exist in the
11 percentages of babies with low birthweight which
12 puts them at increased risk of death.

13 The purpose of today's hearing is to
14 have a meaningful public dialog about this crucial
15 public policy challenge:

16 Why high infant death rates persist in
17 certain neighborhoods;

18 What has been the impact of healthy
19 start and other programs;

20 What can be done to make further headway
21 on reducing the death rate;

22 Who is best suited or most responsible
23 for taking what actions;

24 How much will additional corrective or
25 preventative measures cost;

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2 And when can we expect to see some
3 positive results?

4 To facilitate this dialog, we will hear
5 from several witness panels representing research,
6 healthcare, advocacy, and government communities.
7 These individuals will bring us their expertise and
8 recommendation for moving forward to reduce the
9 infant mortality rate.

10 I thank each of you for your
11 contribution to this dialog, for helping us better
12 understand the nature of the problem, and for
13 assisting us to identify appropriate policy
14 responses. Again, thank you all for coming.

15 I call on and invite my colleagues if
16 they have comments to make before we begin with our
17 first panel to do so.

18 I also would like -- I know you are very
19 busy and you like to stay in contact with your
20 office, but if you could put your phones on low so
21 we won't have the interruption of the telephone, and
22 also ask my colleagues to do the same.

23 Any of my colleagues have comments?

24 Councilman Ortiz.

25 COUNCILMAN ORTIZ: Thank you, Madam

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2 Chair. I want to thank you for bringing these
3 hearings. But it just shows that the more things
4 change, the more things remain the same. As you
5 remember, we were here before on infant mortality in
6 1987, '88. The Mom Mobile, other aspects were
7 created. We spent money. In fact, we had a pilot
8 program in West Philadelphia which is where Healthy
9 Start began. So we have a history. And the problem
10 is that just like the lead problem in the City of
11 Philadelphia, it seems that the issues that pertain
12 to children and children's health and children's
13 education really seem to take a back seat when
14 public policy is being made and monies are being
15 spent, especially when these children reside in poor
16 neighborhoods or come from families who just
17 migrated to the City of Philadelphia.

18 So I would hope, because now we have a
19 national government only intent on replacing
20 evildoers across the world, but we have evil that is
21 constant every day in City's such as Philadelphia,
22 and that is disease and bad schools, bad housing.

23 Today, the Inquirer front page said
24 there are no homes for homeless families in
25 Philadelphia. So when you're born into a homeless

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2 family, you are not going to have a good chance of
3 surviving that first year. And we have to begin to
4 be serious about how we make public policy and where
5 we direct our efforts.

6 Lead has always been an issue, but we
7 don't address it. And we address it every time
8 every 10 years. Infant mortality is one of those
9 issues. We are coming back to it after 10, 14 years
10 because it's still a problem in the poorest areas of
11 our City.

12 So I hope that this time around, the
13 following Council in the year 2017 is not talking
14 about infant mortality and lead and so on. I hope
15 that we're able to put into track the solutions and
16 change public policy in the City of Philadelphia so
17 that kids in West Oak Lane and in Fairhill can not
18 die before they reach the age of one. Thank you,
19 Madam Chair.

20 COUNCILWOMAN TASCO: Thank you. I would
21 like to recognize Councilwomen Blondel
22 Reynolds-Brown and Councilwoman Donna Reed-Miller
23 who have joined us.

24 Would any other colleagues like to have
25 any opening remarks?

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2 (No response.)

3 COUNCILWOMAN TASC0: Okay. Certainly,
4 they will join in as we proceed today.

5 We have several panels. And you all
6 have been given instructions, I understand, about
7 the length of time. What we'll do is ask you to
8 make remarks and then we'll have questions at the
9 end of the last presentation.

10 I now call on researchers Jennifer
11 Culhane, Mary Harkins-Schwartz, and Linda Hock-Long.

12 Would you identify yourself for the
13 record and proceed with your testimony? We'd like
14 for you to, in some measure, summarize your
15 testimony, if you can.

16 MS. ELO: My name is Irma Elo and I'm
17 from the University of Pennsylvania. I work with
18 Jennifer Culhane on a number of studies that examine
19 infant health in Philadelphia. And I will base my
20 remarks mostly on the results of those studies. And
21 I will focus mostly on the role of social and
22 economic context and residential environments in
23 determining infant health. There are a number of
24 other individuals later today who are better
25 equipped to discuss medical care and its role in

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2 reducing infant mortality. But I'm also doing this
3 because we believe that to make further progress in
4 reducing infant mortality, we must also pay
5 attention to non-medical factors and do a better job
6 in integrating medical and non-medical services.

7 It has been impossible to explain
8 black-white differences in infant mortality by
9 paying attention only to black-white differences in
10 health behaviors or prenatal care used during
11 pregnancy, or by looking only at black-white
12 differences in income and education. That's why
13 there's much more attention now being paid to other
14 factors, such as the potential role of residential
15 context, the role of social support, and exposures
16 to acute and chronic stress. And here, neighborhood
17 context might be particularly important for
18 understanding black-white differences in infant
19 mortality.

20 Residential segregation and racial
21 discrimination has meant that African Americans are
22 much more likely than whites to live in
23 neighborhoods with poor municipal services, limited
24 access to healthcare, high rates of crime, and poor
25 housing quality. These are all conditions that have

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2 been linked to health outcomes, including infant
3 mortality in a number of studies that have control
4 for individual differences among neighborhood
5 residents. That's why in our studies we integrate
6 social context, health behaviors, exposures to acute
7 and chronic stress in a comprehensive model.

8 I have a handout with a number of slides
9 on the handout. You should have copies and you can
10 peruse through that. The first three pages of that
11 handout show examples of the integration of these
12 number of different models.

13 So based on this work, I would like to
14 emphasize four points that we believe are
15 particularly important to keep in mind when you
16 consider policy interventions aimed at reducing
17 infant mortality.

18 First, we must take a purview of social
19 and economic context and not only consider
20 individual characteristics of mothers. There are a
21 number of mechanisms through which broader community
22 context could influence health outcomes. And these
23 mechanisms are outlined on Figure 4 of our handout,
24 so you can take it with you and look at it later.
25 But they're all related to community, social

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2 service, and physical environments.

3 The second point I want to raise is that
4 health behaviors and use of medical care do not
5 occur in isolation. They're imbedded in the social
6 context, they are influence by social and economic
7 circumstances. And if we change just one set of
8 health behaviors or we come up with just one other
9 medical intervention but we do not consider the
10 broader context in which these behaviors or health
11 interventions occur, we are only addressing part of
12 the problem.

13 Third, there are plausible biological
14 mechanisms that link context to birth outcomes
15 through maternal physiology. So focus on the
16 context is not unrelated to the health of the
17 mother. These mechanisms are related to
18 neuroendocrine dysregulation and functioning of the
19 immune system. And there's recent research that
20 suggests that social context may work through these
21 biological mechanisms and that they may be
22 particularly important for understanding pre-term
23 births.

24 And that leads to my fourth point. The
25 high infant mortality rate in the United States is

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2 mainly due to the high rate of births that are born
3 too early or preterm. Births that are born too
4 early are generally also low birthweight. So to
5 reduce infant mortality, we must reduce low
6 birthweight babies and preterm births. The
7 black-white difference in preterm births and low
8 birthweight in turn is also one of the main reasons
9 for black-white differences in infant mortality.
10 Most infant mortality occurs very shortly after
11 birth. And preterm births and low birthweight
12 babies are largely responsible for that.

13 So let me now illustrate the points I
14 make with a couple of examples of work that we have
15 done in Philadelphia. The first set of results
16 refer to some work that we did on the Philadelphia
17 Infant Mortality Review, which was part of the
18 Healthy Start Initiative that Councilman Ortiz
19 mentioned earlier. We did a case control study of
20 low-income women in West and Southwest Philadelphia.
21 And we found that among this low-income, mostly
22 African American population, housing problems during
23 pregnancy, individuals who were either homeless or
24 had frequent moves during pregnancy, or the
25 availability of emotional and instrumental support,

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2 having individuals who could help them out at the
3 time of crisis, were important determinants of
4 infant mortality. So housing instability emerged as
5 a very important factor, something that was already
6 mentioned.

7 At the neighborhood level, when we
8 looked at the determinants at the neighborhood
9 level, we also found that residential stability and
10 neighborhood level economic disadvantage were also
11 related to infant mortality even when we controlled
12 the characteristics for the mother. So over and
13 above the fact that low-income people live in
14 low-income neighborhoods, being in a particularly
15 bad neighborhood was bad for your health.

16 Among this low-income population we
17 found that health behaviors were not important.
18 They did not add any explanatory power to explaining
19 infant mortality among this low-income population,
20 although there were some differences in use of
21 prenatal and healthcare.

22 The second set of examples that I want
23 to say that emphasize the potential role of social
24 context from another study that we are doing in
25 Philadelphia which is based on our linked birth and

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2 infant death records where we have women who gave
3 birth in Philadelphia in the early '90s to their
4 neighborhoods so that we can know where the people
5 were living at the time they gave birth.

6 If we look at the -- in this analysis we
7 focused on birthweight which, as I mentioned
8 earlier, is an important determinant of infant
9 mortality. If we looked only at the individual
10 characteristics of mothers, which is typically done
11 when we try to explain why a certain group has a
12 higher infant mortality than other, we explain only
13 35 percent of the black-white difference in infant
14 mortality. But when we included measures of context
15 or we took the neighborhood context where the women
16 lived into account in this analysis, we could
17 explain 50 percent of the difference in birthweight.

18 So these results to us suggest that it's
19 not only the person or the individual, how much
20 education, income, or how much healthcare the person
21 uses that matters, but it's also the residential
22 context where they find themselves. And as I
23 mentioned, there are a number of mechanisms through
24 which these residential contexts could matter, which
25 I outlined in one of those handouts.

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2 So let me briefly end with some
3 concluding comments. In our view, strategies that
4 are designed to reduce preterm births and infant
5 mortality must not be limited to medical
6 interventions alone, but any medical interventions
7 have to be integrated with other service programs
8 and we have to take serious with the role of social
9 context broadly defined.

10 We also need to do further work in
11 trying to understand the role of neighborhood
12 context. The research in this area is relatively
13 new, and we know some things but we certainly don't
14 have most of the answers at this time. But for
15 understanding black-white differences in infant
16 mortality, the role of context may be particularly
17 important because we know that the residential
18 environments are very different for whites and
19 African Americans, even at the same levels of income
20 and education. Thank you for your time.

21 COUNCILWOMAN TASCO: Thank you.

22 MS. HARKINS-SCHWARTZ: Councilwoman
23 Marian Tasco and members of the Committee on Public
24 Health and Human Services, thank you for this
25 opportunity to talk about the infant mortality

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2 today. My name Mary Harkins-Schwartz. I'm the
3 Project Director for Philadelphia's
4 Interdisciplinary Youth Fatality Review Team.

5 The Youth Fatality Review Team is funded
6 by the Health Department and the Department of Human
7 Services and it's managed by Philadelphia Health
8 Management Corporation. The team conducts a case
9 review of all Philadelphia children that die. So we
10 look at children from birth up to and including age
11 19. Members of the team represent government
12 agencies as well as local, private, non-profit
13 organizations. Members or representatives include
14 the Health Department, DHS, Philadelphia School
15 District, Fire and Police Departments, private
16 organizations like CHOP and Saint Christopher's
17 Hospital for Children, the Antiviolence Partnership
18 of Philadelphia, and so forth.

19 Today, I'd like to present findings from
20 our case reviews. I have five years' worth of data,
21 1985 to 1999. During that time period there were
22 1,384 deaths to Philadelphia infants. As mentioned
23 earlier, Philadelphia has a higher infant mortality
24 rate than the nation as a whole, and we do see a
25 discrepancy between the black infant mortality rate

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2 and white infant mortality rate. The rates also
3 vary by different sections of the City, as was
4 mentioned earlier. And in the handout I do have a
5 map that shows the infant mortality rate by section
6 of the City, and you can see parts of North and West
7 a Southwest Philadelphia, the darker areas, the
8 infant mortality rate is higher.

9 We found that leading causes of infant
10 mortality are, as described earlier, related to
11 perinatal conditions, so primarily low birthweight
12 and premature births. SIDS is a second leading
13 cause of death in Philadelphia, followed by
14 congenital anomalies. The cause of death does vary
15 by race. Among white infants, the leading causes of
16 death are perinatal conditions followed by
17 congenital anomalies. And among black infants, the
18 leading cause of death was perinatal related
19 conditions followed by SIDS.

20 Risk factors that national studies have
21 shown are lack of prenatal care, infants born to
22 teenage mothers are at higher risk for infant
23 mortality, low education, women who smoke during
24 pregnancy, and again, premature and low birthweight
25 births. Recently, we began looking at those factors

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2 by linking birth certificates and death
3 certificates. And for 1999 fatalities, we found
4 that 3 out of 10 mothers of infants that died had
5 inadequate or no prenatal care, almost 20 percent of
6 the mothers were teenagers, one-third of the mothers
7 had not completed high school, almost 25 percent of
8 the mothers said that they smoked during the
9 pregnancy, 3 out 4 of the infants are born
10 premature, and 3 out of 4 of the infants are low
11 birthweight.

12 I focused this testimony around three
13 recommendations, and those recommendations are
14 around the largest group of infants that die, those
15 with perinatal-related conditions and SIDS and fatal
16 injuries. And those SIDS and fatal injuries we're
17 looking at because from the Youth Team's
18 perspective, many of those deaths have clearly
19 identifiable prevention strategies.

20 For perinatal-related conditions, some
21 recommendations from the team include improving
22 women's health before they become pregnant. In
23 order to have a healthy pregnancy, a woman needs to
24 be healthy before she actually becomes pregnant.
25 Increasing the number of women who obtain and have

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2 consistent prenatal care throughout the pregnancy.

3 Offering case management to high risk
4 women. Prenatal care is not enough if you have a
5 lot of other factors in the neighborhood or with
6 biologically gestational diabetes, alcohol or
7 substance abuse. These women need something more
8 than simply prenatal care, so case management can
9 help fulfill that need.

10 And to coordinate services. There are a
11 number of services existing in Philadelphia, and so
12 to help coordinate services for pregnant women.

13 The next area I'd like to focus on is
14 SIDS. SIDS, as I mentioned, is the second leading
15 cause of death among African American infants. And
16 although the cause of SIDS are unknown, we do know
17 that putting an infant to sleep on their back, as
18 well as some other factors such as reducing soft
19 bedding, avoiding comforters, quilts, other soft
20 materials in the bed, can help reduce the risk for
21 SIDS.

22 Nationally, there has been a Back to
23 Sleep Campaign. With that campaign, we've seen an
24 increase in the number of infants being put to sleep
25 on their back and a corresponding decrease in the

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2 SIDS rate. Unfortunately, that message has not
3 reached the African American community as much as it
4 has the white community. Today, African American
5 infants are twice as likely to be put to sleep on
6 their stomach rather than their back. And so that
7 message of Back to Sleep really needs to be
8 dispersed to the African American community. We
9 found in Philadelphia that almost 40 percent of the
10 Philadelphia infants that died from SIDS were found
11 sleeping on their stomach.

12 The National Back to Sleep Campaign,
13 along with the National Black Child Development
14 Institute have come up with free materials. And
15 I'll pass these out at the end of my testimony.
16 They have magnets, brochures, and this is just one
17 way to disseminate the message.

18 And finally, I'd like to focus on the
19 area of injuries. This is small subset of the
20 infants that died. Between 1995 and 1999, there
21 were 53 Philadelphia infants that died from
22 injuries. However, this is an area where we see
23 some prevention strategies more clearly
24 identifiable. And as well, injuries are the fifth
25 leading cause of death among African American

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infants in Philadelphia: 17 of the infants were suffocated, 16 died from being beaten or injuries from being shaken, 7 died from injuries caused by a fire, 4 were killed from motor vehicle accidents, and 3 drowned. 23 of those injuries were ruled unintentional injuries and 19 were homicides. The homicides were primarily caused by a guardian or primary caregiver for the infant.

In order to prevent fatal injuries, the recommendations we propose are to educate parents and caregivers about infant care and safety, and those include suffocation, strategies to prevent suffocation which would be the same message as is proposed in the Back to Sleep Campaign: Ensuring that your infant is sleeping in a safe area, in a crib as opposed to on a bed or on a couch; installing working smoke detectors; installing and using car seats; supervising infants around water, including while bathing, of course; and general care for an infant.

One way to help educate parents is through home visitation programs and parenting classes. In particular, home visitation programs like the David Olds model can also help prevent

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2 abuse and neglect by teaching parents caregiving, as
3 well as we believe they can be useful in helping to
4 identify potential neglect or abuse before it turns
5 into a homicide.

6 So today, again, I focused on three
7 areas, the perinatal-related deaths because that's
8 the largest group of infants that die; then SIDS and
9 injuries because, from the Youth Team's perspective,
10 we see those as potential areas for prevention
11 strategies.

12 We find that we only -- for most of
13 these infants, we only have data from the birth and
14 death certificates. A lot of these infants are not
15 necessarily known to the agencies that are sitting
16 around the table, including DHS. So from our
17 perspective, more research is still needed in order
18 to understand what is going on where the families
19 live and what is going on in the context of the
20 family in order to prevent infant mortality.

21 And that will conclude my testimony.
22 Thank you for this opportunity.

23 COUNCILWOMAN TASC0: Thank you very
24 much. We'll come back with questions after the
25 presentation.

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2 MS. HOCK-LONG: My name is Linda
3 Hock-Long, and I am Director of Research at the
4 Family Planning Council. Thank you for inviting me
5 to participate in today's hearings on this extremely
6 important public health topic that has profound
7 implications for families who lose a baby and also
8 for our community at large. I'm going to use some
9 overheads to walk us through my testimony.

10 Just to define issues related to infant
11 mortality, and some of these have already been
12 discussed, I'll be providing an overview of trends
13 nationally and locally in infant mortality. Then
14 I'm going to present one approach that can be used
15 to help cities or communities target infant
16 mortality prevention efforts, and that's called the
17 Perinatal Periods of Risk Model. I'm going to
18 provide an overview of that model, and I am
19 anticipating that Commissioner Domzalski might be
20 providing you with more in-depth information because
21 this is an approach that I know the Health
22 Department has begun to use in examining issues
23 related to infant mortality.

24 To put it in context, infant mortality
25 is the term used to refer to the death of an infant

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2 that can occur anytime between the day of birth up
3 to 364 days of age or right up until the first
4 birthday. It's often used to gauge the health and
5 well-being of communities and to guide public health
6 interventions and social interventions. It is a
7 very complex issue. It's more complex once you
8 start to really look into the issues related to
9 infant mortality than you might recognize at first
10 glance. But it represents a complex interplay of
11 biologic, social, economic, environmental factors.

12 Councilwoman Tasco referred to a study
13 that was recently done by the CDC that looked at
14 infant mortality trends in 60 cities in the United
15 States, the largest cities in the United States.
16 And that study spoke to some of the disparities that
17 we see in Philadelphia related to infant mortality.
18 For example, cities that had the highest infant
19 mortality rates tended to have a larger proportion
20 of African American births related to the total
21 number of births and a smaller proportion of Latino
22 births related to the number of overall births. In
23 Philadelphia in the year 2000, 52 percent of the
24 babies who were born were African American and 12
25 percent were Latino, just to put our City in context

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2 in relation to the cities included in the study.

3 Despite similar rates of poverty for
4 African Americans and Latino populations, there are
5 still differences, disparities in terms of infant
6 mortality rate. So while poverty is often referred
7 to as one of the causes or has a strong relationship
8 with infant mortality and race, we see that
9 economics for people who might have the same level
10 of income disparity might have very different
11 outcomes in terms of infant mortality rates for
12 those families experiencing the death of an infant.

13 Another way that we can look at the
14 complexities involved with infant mortality are the
15 relationship between education and race. We usually
16 think of women who have lower levels of education as
17 being at higher levels of risk for infant mortality,
18 but when you look at African American infants who
19 die and compare parents who have college level
20 educations with white families who have college
21 levels of educations, there is still a disparity
22 between the black and the white infant mortality
23 rate.

24 In terms of the causes for infant
25 mortality, it's been mentioned that preterm births,

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2 which are births that occur before 37 weeks
3 gestation -- normal pregnancy is 40 weeks -- and
4 infants with low birthweights and very low
5 birthweights are the largest contributors to infant
6 mortality. Given the high low birthweight and
7 preterm birth rates for African Americans, we can
8 begin to get an understanding of what might be
9 related to the high infant mortality rate for that
10 population.

11 In Philadelphia, some good news is
12 between 1990 and 2000, there was a reduction of 36
13 percent in the overall infant mortality rate for the
14 City. In terms of looking at trends more recently,
15 between 1994 and 2000, we can see that there's been
16 some change in the infant mortality rates, but there
17 has not been as much change as we would like for any
18 group. The top line, the green line represents
19 African Americans who, for an average between 1994
20 and 1996, had an infant mortality rate of close to
21 18 percent. By the year '98 to 2000, the rate was
22 down to about 16 percent for the three-year average.
23 And I did the three-year averages because of in
24 relation to the comments you made, Councilwoman, in
25 terms of when you have a relatively small number of

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2 events, sometimes it's best to collapse a few years
3 to really get a sense of what the true trends are.

4 The City rate overall has remained
5 relatively stagnant. The Latino infant mortality
6 rate has dropped in relation to the other groups the
7 most, and the white infant mortality rate has
8 remained stable also.

9 As I mentioned before, one approach that
10 can be used to begin to examine issues related to
11 infant mortality and to target infant mortality
12 reduction efforts is the Perinatal Periods of Risk
13 Model. This is a model that was originally
14 developed by the World Health Organization and the
15 CDC to tackle infant mortality problems in
16 developing countries. More recently it's being used
17 in the United States, and Philadelphia is part of
18 the perinatal health collaborative, which consists
19 of about 14 cities in the United States using this
20 model to look at infant mortality rates in their
21 cities.

22 So how do you use this model? The top
23 row or the blue row refers to deaths of infants who
24 are under 1500 grams or who have very low
25 birthweights and who die between 0 and 364 days of

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2 age. The bottom row, the pink block, refers to
3 infants who do not have very low birthweights. They
4 might have low birthweights, they might have normal
5 birthweights, who die anywhere between 0 and 364
6 days of age.

7 Now, the way you use this model is you
8 can calculate rates for each of the blocks based on
9 a city as a whole. You can calculate rates based on
10 different parts of a city. You can calculate rates
11 based on different racial and ethnic groups.

12 In general, the maternal health
13 prematurity, the blue block is the block that
14 accounts for most of the infant deaths, as has been
15 described. So that would be deaths of infants with
16 very low birthweights. Again, it can occur anytime
17 from the day of birth up until 364 days of age.

18 When I did a comparison of Philadelphia
19 infant mortality rates, for example, and New
20 Orleans, both cities had the highest rates in the
21 blue block. However, the next highest rates for
22 Philadelphia were in the maternal care block versus
23 the next highest rates for New Orleans being in the
24 infant health block. These findings have important
25 implications for how we might target infant

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2 mortality reduction efforts.

3 I'm going to describe how we might use
4 this to do that. If we think of the blue block
5 related to maternal health and prematurity issues,
6 what are the issues that might contribute to a woman
7 having a premature birth? It might be that she has
8 not waited, quote, a long enough time -- and
9 recommended time two years -- to have a second baby
10 or a third baby so that there are short periods of
11 time between pregnancies. Infection has been
12 mentioned as a potential contributor to low
13 birthweight and preterm birth. And unwanted
14 pregnancy might place a woman at higher risk for
15 having adverse birth outcomes.

16 Well, what can we do about this? How
17 can we use the Perinatal Periods of Risk Model to
18 help us understand the scope of the problem and then
19 to develop some interventions?

20 And again, I'm going to use the
21 maternity health prematurity category as an example.
22 There's a saying that healthy women have healthy
23 babies. If you go into a pregnancy and you have
24 health problems, health issues, there's probably
25 more of a chance that you're going to have problems

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2 during the pregnancy. It's strongly believed that
3 increased access to family planning and reproductive
4 health services for women might be one of the
5 strategies used to direct activities related to
6 deaths occurring for very low birthweight infants.
7 There's also the management of infections. Making
8 sure that women have access to healthcare so that
9 they can know that they have an infection and get
10 proper treatment. And expansion of Medicaid
11 coverage for women of reproductive age. If you
12 don't have health insurance, you are less likely to
13 be able to utilize healthcare resources.

14 According to the CDC, family planning
15 has been one of the 10 great public health
16 achievements in the 20th Century. And it's due to
17 reasons like --

18 COUNCILMAN ORTIZ: Tell George Bush.

19 MS. HOCK-LONG: We'll send this to him.
20 But longer intervals of pregnancy are related to the
21 use of family planning services and also a reduction
22 in infection due to barrier contraceptives like
23 condoms. So again, this is one strategy if we were
24 going to target the maternal health area as an area
25 for prevention.

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2 Now, one the issues related to Medicaid
3 is that in Pennsylvania, a low-income woman or a
4 woman has an income below 185 percent of the poverty
5 line becomes eligible for Medicaid when she is
6 pregnant. Before that time, she is not eligible for
7 Medicaid. Medicaid coverage continues until 60 days
8 after she has her baby. This is the law in all of
9 the states. The income levels according to state
10 vary, but all states must provide Medicaid coverage
11 to women while they're pregnant and up to 60 days
12 after they're pregnant. Some states, though, have
13 thought 60 days isn't a long enough period if we
14 want to be addressing issues like interconceptional
15 health or health of a woman between pregnancies. So
16 some states, six, had expanded benefits up to two
17 years after delivery, and I've listed those states
18 there. In Delaware, the decision has been made to
19 extend Medicaid for up to two years when a woman
20 discontinues being eligible for Medicaid for any
21 reason. Again, in recognition of the important role
22 that women's health plays along with all of the
23 other factors that have been discussed today in
24 promoting healthy birth outcomes.

25 So in summary, I think all of us have

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2 spoken to the complex issue of infant mortality and
3 the fact that multiple strategies need to be used to
4 help us tackle this problem. And despite the
5 reduction that we've seen over the decade in infant
6 mortality in Philadelphia we still have a long way
7 to go. Thank you.

8 COUNCILWOMAN TASCO: Thank you very
9 much.

10 Are there questions from members of the
11 panel?

12 Councilman Goode.

13 COUNCILMAN GOODE: Good morning. This
14 question is to everyone who used the term
15 "socioeconomic" or says that there's a complex mix
16 of social and biological, environmental and economic
17 factors. The question is, first, how you define the
18 term "socioeconomic," and can you actually separate
19 those economic factors from social issues?

20 MS. ELO: I'm happy to tackle that. I
21 think often when people are thinking socioeconomic
22 conditions, they think of a person's level of
23 schooling or their level of income or how much
24 wealth they have or their housing conditions. I
25 think we have to expand that and think more broadly

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2 about social conditions more generally.

3 COUNCILMAN GOODE: Could you speak up.
4 I couldn't hear you.

5 MS. ELO: When most people think of
6 socioeconomic, they think of income, level of income
7 a person has, level of schooling they have.

8 COUNCILMAN GOODE: I'm very familiar
9 with the term "socioeconomic." I'm talking about
10 for the purposes of your study.

11 MS. ELO: Social conditions are much
12 more broadly defined. They include things like
13 housing conditions, which we believe are actually
14 quite important, household size, household
15 composition, because all those factors will
16 influence the person's decisions about healthcare,
17 social interactions are important both in terms
18 social support that can be positive or demands on
19 one's resources that might be --

20 COUNCILMAN GOODE: I guess my question
21 is really -- and the way I posed it was, can you
22 separate those economic factors from other social
23 factors? I guess to pinpoint it more, are you
24 really talking about access to health services and
25 health education and access to affordable housing

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2 and quality housing, or are you actually talking
3 about economic conditions that are persistent?

4 MS. ELO: I think you can separate them.
5 I think access to housing can be separated from
6 other social conditions. For example, providing
7 stable housing can be separate from your income
8 level and we can separate that housing instability
9 independent influence on infant mortality. I think
10 we can -- and I think that's a separate component
11 from access to healthcare. The biologic mechanisms
12 that have been mentioned, including immune
13 functions, are not necessarily only influenced by
14 access to medical care, but now research suggests
15 that exposure to acute and chronic stress which can
16 be defined by living in high-crime areas, hassles of
17 living in communities where you don't have grocery
18 stores, access to services where daily living is
19 very different -- just getting the food on the table
20 is very different than in neighborhoods where you
21 have access to grocery stores, a broad set of
22 circumstances, influence stress in one's life that
23 can affect biologic mechanism in the body.

24 COUNCILMAN GOODE: Let me try this a
25 different way. Sense these are a complex set of

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2 intricate, interrelated factors, is there a way to
3 actually improve the economic conditions of the
4 African American or target groups, African American,
5 Latinos, and impact infant mortality rates in
6 Philadelphia?

7 MS. ELO: I think so. I think there are
8 a number mechanisms. Housing stability is one,
9 providing housing support.

10 COUNCILMAN GOODE: And how would that
11 impact the infant mortality rate?

12 MS. ELO: By reducing housing
13 instability it would help people.

14 COUNCILMAN GOODE: It would help. I'm
15 asking if you actually impact economic condition of
16 the target group, how will it impact infant
17 mortality rates?

18 MS. ELO: It might not have an impact
19 tomorrow, but it might have an impact -- I would
20 predict that it would have impact in the long-term.

21 COUNCILMAN GOODE: What type of impact?

22 MS. ELO: It would reduce infant
23 mortality.

24 COUNCILMAN GOODE: Reduce it how much?

25 MS. ELO: I have no idea.

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2 COUNCILMAN GOODE: Thank you.

3 COUNCILWOMAN TASC0: Ms. Schwartz, you
4 want to comment?

5 MS. HARKINS-SCHWARTZ: For SES, the
6 Youth Fatality Review Team, we don't have access to
7 that data because we're limited to the birth and
8 death certificates. And so we don't have access.
9 We're not able to look at what the resources are in
10 the communities or the incomes of individual
11 families and so forth. But I do believe that
12 raising incomes, creating stable housing, increasing
13 resources can help reduce infant mortality. And if
14 you compare -- my understanding is if you compare
15 African American infants to African or other black
16 infants, that the infant mortality rates in other
17 communities are higher. And so we still need to
18 look to see what's going on within our community.

19 Linda, do you add to that or contradict
20 me?

21 MS. ELO: Maybe I can give you an
22 example about a health campaign and how that
23 interacts with --

24 COUNCILMAN GOODE: My question was very
25 direct. You helped discussions somewhat by saying

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2 that you studied this upon birth and death
3 statistics as opposed to studying it in terms of
4 group dynamics to try to deal with those complex
5 issues within those communities. And I guess my
6 question really was, really how much of it is
7 economic. And I guess the answer to that question
8 was, you're not really sure.

9 MS. HARKINS-SCHWARTZ: I'm definitely
10 not sure.

11 MS. ELO: Can I give one example, and
12 that relates to SIDS which is very high in African
13 American communities. One of the examples given is
14 the Back to Sleep Campaign. We are doing a
15 longitudinal study of African American women before
16 and after their births. We find that many
17 low-income women don't have cribs to put their child
18 into. So that Back to Sleep Campaign may be very
19 important, but if you do not have in your household
20 a crib to put the child to sleep on its back, it's
21 not going to be very effective. So we need to think
22 of ways in which we either through health education
23 campaign that are suited for that particular
24 population reduce SIDS mortality, which would reduce
25 infant mortality in Philadelphia. One SIDS death

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2 would reduce the infant mortality rate in the City,
3 but we need to think of how that health campaign
4 interacts with the social conditions that women find
5 themselves in.

6 COUNCILMAN GOODE: Thank you.

7 Thank you, Madam Chair.

8 COUNCILWOMAN TASCO: Ms. Schwartz, in
9 your testimony on your map you show the areas with a
10 very high infant death per 1,000 live births. And
11 I'm looking at the 19138 and 19126 of the north part
12 of the map. And I'm looking at those two because
13 they're in my district, for one. But, two, they are
14 close to a hospital. But when you look at the
15 neighborhoods, when you talk about low-income
16 housing, you look at those neighborhoods,
17 particularly 19126 which has 15 to 19 percent, that
18 is east Oak Lane area, and of course it could be one
19 street. What I'm concerned about is you looked at
20 just the birth and death certificates. What do you
21 plan to do to follow-up to look at the individual
22 which would give you really the information you need
23 as to why and what happened and put a face on the
24 person? Because one of the discussions I had with
25 Dorothy Mann from Family Planning is that there is

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2 no tracking of these women or supportive services
3 after their babies die. What is it support and what
4 is the statistical information we gather from them
5 other than just reading the death certificate?

6 MS. HARKINS-SCHWARTZ: I guess I have a
7 few thoughts on that. One thing I'd like to just
8 inform you all about, if you're not aware,
9 Philadelphia Safe and Sound along with the Health
10 Department has worked on a mapping system. I'm not
11 sure of the website, but I'm sure we can find out
12 when John Domzalski speaks or we can find out later.
13 They've worked on a mapping system so you can look
14 at each area of the City and look at what resources
15 are available. And I think that's really important
16 because, as you've noted, this map just shows what
17 the infant mortality rates are in that area of the
18 City and all areas of the City, but it doesn't show
19 what resources are there, like the hospitals. The
20 map that's been done by Safe and Sound chose housing
21 conditions. So there's a lot of information that I
22 think this map is just a starting point for the
23 discussion. But there's a lot more to think about.

24 The second point I'd like to make is,
25 the Youth Fatality Review Team, we're funded to do

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2 the case reviews, having member agencies come to the
3 table to discuss why children die, to gather any
4 information that we can from those member agencies.
5 So families that have seen, for example, if an
6 infant is part of a family that has been seen by
7 DHS, they'll bring information to the table. And
8 it's a confidential review. I should state that
9 clearly. But my scope with this project,
10 unfortunately, does not go beyond that. And so I
11 don't have resources to actually go out into the
12 community and interview families to find out what
13 the situation is. And I think that's a really great
14 point because we're very limited -- we have some
15 great information, but it does reach a point where
16 there are limits.

17 I think with other speakers here today
18 who actually do meet with clients, hopefully, they
19 will be able to answer some of your questions,
20 because I don't have that one-on-one contact.

21 The Pennsylvania SIDS Coalition was a
22 member of our team, and they actually did meet with
23 families of infants that died from SIDS. They would
24 be able to share with us a lot of pertinent
25 information. And they also were involved in the

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2 grief counseling. And I understand that that now is
3 being done from -- the grief counseling, at the
4 medical examiners office. And so we're hoping that
5 they will be able to share similar information with
6 the team. And I think that's a really good point.

7 COUNCILWOMAN TASCO: Linda.

8 MS. HOCK-LONG: To make a comment in
9 relation to that, several things. As Mary
10 mentioned, the way that the death reviews are
11 organized are that they're confidential. So we
12 don't know if some families would want to be
13 contacted. Some families might not want to be
14 contacted, so that would take much thinking in terms
15 of how to do follow-up, I think, in a sensitive kind
16 of way for families who have gone through a loss and
17 something that we might want to think about further.

18 I'm going to put another plug in for the
19 Perinatal Periods of Risk Model. In doing an
20 analysis, and, again, I imagine it might be
21 discussed in more detail today of your area, one of
22 issues that seem to come up was really a high rate
23 in that maternal health prematurity category of
24 deaths. In looking deeper -- and deeper is being
25 able to use some birth certificate data to find out,

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2 well, you know, were there health problems with the
3 mothers, that was one of the areas of the City with
4 the highest rates of high blood pressure among women
5 who were pregnant. So if we can't get to the
6 individual level, we might be able to use some of
7 these methodologies to get at some of the potential
8 areas that we could target interventions to try to
9 make a reduction. So that if hypertension, high
10 blood pressure, is a problem, what does that say
11 about some of the health needs of women who live in
12 your area? Are they getting the service they need?
13 Are they women who might be considered, quote,
14 working poor who don't have Medicaid because their
15 incomes are too high but they're not pregnant so
16 that they don't qualify to get those services? So
17 that's another way that we might approach some of
18 those issues.

19 COUNCILWOMAN TASC0: The other thing, do
20 you look at the age of the mother? Do you have a
21 higher rate of infant mortality in younger women,
22 particularly teenage pregnancies, as opposed to the
23 older woman? Where does the higher category fall?

24 MS. HOCK-LONG: It varies by race. It
25 varies by geography. You can't, I think, state

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2 emphatically that, yes, if you're younger you're
3 going to be more likely to experience a death; it
4 varies.

5 COUNCILWOMAN TASC0: That's not what I'm
6 saying. As you look at the statistics, do you look
7 at the age categories? If you're looking at West
8 Oak Lane and you see that there's a high rate of
9 infant mortality, what is the age category?

10 MS. HOCK-LONG: Not for the City as a
11 whole, but to look at different parts of the City,
12 because we know that there are going to be different
13 issues in different parts of the City. We've done
14 analysis that tell us that. So it would be
15 targeting an area that you're interested in.

16 MS. ELO: Can I add that the age issue
17 is actually quite important because the African
18 American pattern in the infant mortality by age is
19 different from the white pattern. The increase in
20 infant mortality by young mothers is much less for
21 African Americans than it is for white women. The
22 increase in infant mortality for African Americans
23 at old ages is much more rapid than for white women.
24 And that gets back to the issue of maternal health.
25 It has been suggested that because of health

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2 conditions among African Americans, the health of
3 African American women deteriorates more rapidly
4 than white women and it gets to the issues of
5 maternal health more generally rather than just in
6 infancy and that the additional risk of living in
7 low-income circumstances is actually an additional
8 risk factor for African American women at older
9 ages. Teenage pregnancy is a problem, but it's
10 not -- the high level of teen infant mortality is
11 not much higher than among 20- to 24-year-olds.

12 COUNCILMAN ORTIZ: So the older you get,
13 the weaker you get?

14 MS. ELO: The older you get, the more
15 your health deteriorates and infant mortality rates
16 goes up faster for African American than whites. So
17 it's a whole age range that is quite reflective of
18 the maternal health issue that she mentioned more
19 generally.

20 COUNCILWOMAN TASCO: Anymore questions?

21 Councilwoman Miller.

22 COUNCILWOMAN MILLER: Thank you. Good
23 morning. I was wondering, what services are
24 available to mother, particularly in this risk
25 category, while they're still hospitalized after

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2 birth? And how long do they actually stay now in
3 the hospital?

4 MS. HARKINS-SCHWARTZ: I think I'd like
5 to defer that question for later panelists. Maybe
6 JoAnne Fischer or some of our other panelists can
7 answer that later or some of the physicians.

8 COUNCILWOMAN MILLER: I have another
9 question. What are you defining as good birthweight
10 and low birthweight?

11 MS. ELO: The normal definition people
12 consider low birthweight is a baby that's born less
13 than about 5 1/2 pounds. And very low birthweight
14 is 1500 grams which translates to about 2.2
15 pounds -- 3.3 pounds.

16 COUNCILWOMAN MILLER: We have know
17 weights in pounds, not in grams.

18 MS. ELO: Yes, I know. 3.2 pounds. And
19 anything about 5 1/2 pounds is considered normal
20 weight birth.

21 COUNCILWOMAN MILLER: Five and a half to
22 what, seven?

23 MS. ELO: Maybe the neonatologists panel
24 can address the issue of whether a very high weight
25 can also be problematic.

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2 COUNCILWOMAN MILLER: Because I know a
3 lot of young ladies who have had babies recently,
4 and most of their babies are 8 pounds and up. And
5 we're saying, my goodness, that's big baby. Thank
6 you.

7 COUNCILMAN ORTIZ: To me, it's just very
8 frustrating because we live in a society where none
9 of this should be existing, in the United States at
10 least. You have a federal government -- are there
11 any federal policies, for example, that inhibit the
12 ability of cities such as Philadelphia to be able to
13 put forward public policy that would go towards
14 alleviating or bettering the issue of infant
15 mortality? Does the family planning policies of the
16 federal administration impact on the ability of
17 cities such as ours to be able to develop policies
18 that make sense?

19 MS. HOCK-LONG: I can give an example in
20 the area of reproductive health. Certainly, federal
21 policies tell us things we can and can't do around
22 the kind of reproductive health services we can
23 provide. The amount of funding that goes in
24 reproductive health services tell us the amount of
25 service that we can provide. For example, the

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2 Family Planning Council has experienced dramatic
3 increases in the patient population over the past
4 couple years without increases in money to support
5 increases in services.

6 At the state level, the Medicaid issue
7 is something that the state takes action on. For
8 example, the state could apply for a waiver to the
9 federal government to extend Medicaid coverage for
10 women beyond that 60-day period after they're
11 pregnant if the state chose to do that. So that
12 that's an area that we could look to the state
13 government for some intervention, because if the
14 regulations were changed and, for example, Medicaid
15 were expanded to two years like in Virginia and
16 Maryland and some of the other states that I
17 mentioned, women would have greater access to health
18 services for that group of women where their health
19 status impacts on the health of their child.

20 COUNCILMAN ORTIZ: Something we've got
21 to talk to Ed Rendell about then.

22 MS. HOCK-LONG: Yes.

23 COUNCILWOMAN TASC0: Thank you very
24 much.

25 We'll call on our next panel. Endla

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2 Anday from St. Christopher's; Angelo Giardino, St.
3 Christopher's; Jay Greenspan, March of Dimes;
4 Valerie Whiteman, Temple University. If you're
5 here, please come forward. And Dr. Ron Wapner,
6 Drexel University of Medicine. This is our
7 physicians panel.

8 While we're setting up, why don't we
9 begin with you, young lady. Would you identify
10 yourself for the record and proceed?

11 DR. ANDAY: Good morning. I am Dr.
12 Endla Anday. I'm a neonatologist at Drexel
13 University, School of Medicine at St. Christopher's
14 Hospital and at Hahnemann University Hospital. And
15 good morning, Councilwoman Tasco and committee
16 members. As a neonatologist, I will focus most of
17 my comments on infant mortality as it relates to the
18 first month of life.

19 Over the past 50 years, a number of
20 significant changes have resulted in improvement in
21 infant health and reduction of infant mortality in
22 this country. Certain fundamental factors have
23 clearly influenced infant mortality, including the
24 provision of maternal prenatal and postnatal
25 services, the use of hospital-based deliveries, and

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2 the development of regional perinatal service and
3 medical subspecialty disciplines that address the
4 care of the high-risk mother and fetus. This
5 approach has yielded a continued improvement in
6 perinatal outcome and survival of the infant at
7 risk.

8 However, prematurity or those births
9 that are at less than 37 weeks gestation, while they
10 account for less than 25 percent of all the live
11 births, the risk of premature birth is significantly
12 increased with regard to morbidity and mortality.
13 And I think we've had a number of presentations this
14 morning that would certainly attest to that.
15 However, the highest incidence of neonatal mortality
16 is in the extremely low birthweight category of
17 babies who are born at less than 28 weeks gestation,
18 approximately 3.3 pounds. Infants in this category,
19 although they comprise less than 5 percent of all
20 live births, do account for approximately 95 percent
21 of all the neonatal deaths. In spite of this,
22 neonatal survival in the extremely low birthweight
23 infant category has improved over the past decade
24 with more than 75 percent of these very fragile
25 babies actually surviving to be discharged to home.

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However, despite the improved survival, the extremely low birthweight infant is at risk for significant morbidity. This includes chronic lung disease, poor growth, and neurodevelopmental outcome. And further, they are at higher risk for post-discharge death in the first year of life. There are many factors that account for preterm delivery, including, as we have seen this morning, maternal medical diseases, perinatal infection, just to mention a few. Teen pregnancy, however, and poor prenatal care and risk behaviors such as drugs and smoking are definitely contributory to preterm delivery. So clearly, the identification of risk for adverse pregnancy outcome and early intervention are key to preventing a significant number of the preterm births and, therefore, neonatal mortality and morbidity.

As part of the recommendations of the American Academy of Pediatrics and the American College of Obstetrics and Gynecology, emphasis was placed on recognizing potential problems before or early during pregnancy and to ensure that access to care for all women is available. This was in order to better utilize our resources to improve the

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2 outcome of pregnancy.

3 So the primary goal of early
4 identification of risk assessment is to provide the
5 appropriate referral for a subspecialty
6 consultation, psychosocial support, childbirth
7 education, and care coordination for such basic
8 services as transportation, food, and housing,
9 again, to mention a few. And these issues have been
10 brought up earlier this morning.

11 So although advance in at least the
12 biomedical technology have revolutionized the
13 state-of-the-art of healthcare for the pregnant
14 women, fetus and newborn infants, there continues to
15 be a gap in the organization and delivery of that
16 care. Specifically, rural areas tend to be
17 underserved medically; whereas, poorer urban areas
18 such as certain areas of the City of Philadelphia
19 are underserved because of insufficient funding to
20 support perinatal services. The disparity of black
21 versus non-black infant deaths in the City of
22 Philadelphia is in part related to the points raised
23 in the previous section of this report. In spite of
24 the availability of some of the very finest medical
25 care in the academic centers that this City has to

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2 offer, we have not been able to increase the number
3 of visits that women who are pregnant and seek care
4 early in pregnancy at the Hahnemann University
5 Hospital. We do service an underprivileged patient
6 population. About 80 percent of the patients who
7 deliver at the hospital are African American, about
8 70 percent have some prenatal care, but the majority
9 of the women do not have regular prenatal visits
10 during their pregnancy. As a neonatologist, I can
11 tell you it's frustrating to be able to pull an
12 infant through some of the most difficult
13 respiratory distress and other medical complications
14 that these infants have, only to have the baby
15 discharged and then to later find out they have
16 succumbed as infants in a less-than-optimal social
17 environment.

18 It is important to identify areas of
19 risk and to then subsequently strategize such that
20 we can decrease the high infant mortality and
21 morbidity that we do see in the City. Thank you.

22 COUNCILWOMAN TASC0: Thank you very
23 much.

24 DR. GIBSON: Good morning. My name is
25 Eric Gibson. I'm substituting for Dr. Jay

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2 Greenspan. I'm from Thomas Jefferson University.

3 I'm a neonatologist and also here working on some

4 issue with prematurity with the March of Dimes.

5 Thank you very much for having me here.

6 I want to just review quickly a couple
7 of quick take-home points because you had so many
8 outstanding presentations and you've been inundated
9 with a lot of material. A couple of things are
10 important. The first slide that was up there before
11 had a picture of a premature infant and I have seen
12 several Councilmembers who have come through our
13 nursery at Jefferson Hospital and I cordially invite
14 any or all of you to come back at any time to really
15 look firsthand at some of the issues dealing with
16 prematurity.

17 The first important point is that
18 premature infant isn't just small. A lot of people
19 think of that as just a small baby, but it's really
20 a very early, underdeveloped baby, and prematurity
21 is obviously one of the major problems that
22 contribute to infant mortality.

23 The second thing is a real important
24 take-home point, is infant mortality that most
25 people have been talking about, which is death in

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2 the first year of life, has two very important
3 components. The first is what we call the neonatal
4 mortality. That's the mortality and death in the
5 first 28 days or the first month of life. That's
6 the area in which prematurity is a really major
7 contributor. The second part is what we call
8 postneonatal mortality, and that's mortality from
9 the first month of life until the end of the first
10 year of life. And generally, about 60 to 70 percent
11 of all infant mortality is neonatal mortality,
12 mortality in the first month. Whereas, the
13 postneonatal mortality is mortality from the first
14 month to the first year. And that's what we talked
15 about, things like SIDS, accidents, many of the
16 homicides, the other issues having to do with infant
17 mortality or the postneonatal mortality issues.

18 As a neonatologist, I'm particular
19 interested in prematurity, although I've done a lot
20 of work with SIDS and worked with child abuse and so
21 forth. And prematurity is really a major risk
22 factor as we've said, and it's the second highest
23 cause of infant death and it's a very costly problem
24 as Dr. Anday had highlighted to you. And it is the
25 leading cause of date, that neonatal mortality in

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2 the first month of life. And birth defects, which
3 is another problem -- congenital anomalies are later
4 on.

5 And also, as Dr. Anday highlighted,
6 we've made a lot of progress in neonatal and infant
7 mortality over the years, but as she noted, it's
8 come as a very high cost because a lot of the
9 survivors of these very preterm infants are very
10 high cost to society with all the problems as she
11 mentioned, cerebral palsy, mental retardation,
12 chronic respiratory problems. And so many of these
13 survivors, although we have decreased mortality, the
14 morbidity and the problems continue.

15 This is an interesting picture because
16 this shows the rate of preterm and very preterm
17 births. The last two bars are the goals, the March
18 of Dime goals for 2007 and 2010. Now, I have to say
19 that when you look at this chart, there's not a lot
20 of reason to expect that we're going to achieve
21 those goals. We hope to, but certainly there has
22 not been a change in the rate of prematurity in this
23 country in very many years. Throughout many
24 different objectives, reaching back to the '60s and
25 '70s where people have tried all sorts of strategies

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2 to reduce prematurity, by and large it has not been
3 that successful. So a lot of the success we've had
4 in surviving prematurity has come after babies are
5 born, again, many with a high cost.

6 Again, as many people have highlighted
7 the problem of race, and I want to emphasize that it
8 seems very specific to African Americans. Many
9 people have said that here looking at African
10 Americans and Latinos, but particularly in
11 Philadelphia, every racial group has lower infant
12 mortality, prematurity and other issues having to do
13 with childhood illness than African Americans:
14 Latinos, Asians, even the newest Asian immigrants
15 seem to have much lower rates of infant mortality
16 and prematurity than African Americans. So in
17 Philadelphia in particular, it's an African American
18 problem.

19 This is the infant death rate in
20 Philadelphia. Just taking representative years from
21 '60 to 2000, you can see overall there's been
22 tremendous progress, and I've divided into the
23 neonatal and postneonatal death rates. And you can
24 see the neonatal death rate has dropped by almost 75
25 percent. Whereas, the postneonatal death rate have

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2 dropped by about 50 percent. So we've made a lot
3 more progress in this neonatal death rate.

4 And when we look at by race, the infant
5 mortality -- the third column is non-white infant
6 mortality and the last one is the Caucasian infant
7 mortality. And you can see that despite
8 improvements, a tremendous disparity still exists
9 between African Americans and non-African Americans.

10 I do want to say at the bottom of the
11 slide, I have written there 2000 VS, Page 13-14.
12 I'm sure you've all seen this, but this is the Vital
13 Statistics Report that the Health Department puts
14 out every year. This has tremendous value. That's
15 a very important document that you can get a lot of
16 information from. It shows births, deaths, and all
17 sorts of trends over many years, and shows racial
18 and ethnic comparisons as well and can really be
19 helpful for you all in thinking about how you as
20 individuals and a group want to look at the problem
21 of infant mortality.

22 Again, another thing that people have
23 said. This just shows Philadelphia in relationship
24 to many metropolitan areas. And we certainly lag
25 behind in our infant death rate, although it's now

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2 10. 3 so we've moved up a little bit, but we're
3 certainly far behind many metropolitan areas with
4 very similar demographics to us.

5 Now, you can skip this. We've talked a
6 lot about the lack of prenatal care.

7 Again, another emphasis cost of
8 prematurity. Tremendous estimated cost of care of
9 babies who are born very premature, half a million
10 dollars or more, big-time cost to top health plans
11 and so on and so forth. And, again, just
12 highlighting some of the expenses of prematurity.

13 Again, many speakers have talked about
14 the etiology of preterm birth. The emphasis I want
15 to make here is that there's a lot of opportunities
16 for research and there are a lot of places that are
17 doing great research. The first group of people
18 we've talked about some are the social aspects of
19 prematurity is very, very important, new pioneering
20 research that really no one else is doing anywhere
21 else. The March of Dimes exists with tremendous
22 funding for research on prematurity. We've been
23 able to start a campaign that's going to begin in
24 2000 that's funded mostly through private donations
25 that's really going to be a very important effort

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2 looking at some of the causes of prematurity. So
3 this is another resource that already exists for the
4 community to use. We have a hot line, we have phone
5 numbers, people can call, pregnant women can call to
6 get information on prematurity, so it's good
7 research as well to look at in terms of what can be
8 done that's outside the resources of the City. And
9 so we want to really increase the awareness of
10 problems with prematurity and decrease the rates of
11 preterm birth over the next five years, if we can.

12 I hope that you all can take home some
13 of these points in thinking about how you're going
14 to formulate your own approach to the issue. Thank
15 you very much.

16 COUNCILWOMAN TASC0: Thank you very
17 much.

18 DR. WAPNER: Ron Wapner, I'm Chairman of
19 the OB-GYN Department at now Drexel University and
20 I'm also a subspecialist in maternal fetal medicine.
21 I just want to emphasize a few of the points that
22 were made with some Philadelphia-specific data. And
23 the handout that you've just received demonstrates
24 what we've heard a lot about this morning, and that
25 is that infant mortality in Philadelphia is high and

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there is a significant difference in racial distribution. The encouraging information from that is that in all groups, African Americans, Asians, Latinos, and whites, there has been since 1990 to 1996 a decrease in the overall infant mortality, but the staggering obvious thing is the difference between African Americans and other groups.

The next slide demonstrates preterm births in Philadelphia by year and race. This just demonstrates, it's a mirror image, it's actually the same image of infant mortality, and that is, just as you've heard, that 60 to 70 percent of infant mortality is directly related to neonatal mortality and that's directly to preterm birth. So that if you look at the incidents of preterm births in Philadelphia, it dramatically mimics infant mortality. Again, we can see that the African American population has twice the incidents of preterm birth. It did in 1990. It's improved in 1998, but it still is significantly higher. The question that we've all been struggling this morning is, "Why?" Why would one racial group have a significantly higher incidence of a very severe complication, preterm birth. The answer is, "I

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2 don't know." The answer is that nobody knows.

3 We've heard that there are differences that could be

4 related to socioeconomic factors, it could be

5 related to stress, it could be related to

6 environment, it could be related to infection.

7 What's missing in our knowledge, what's missing in

8 my ability or any of our abilities to sit here and

9 tell you how to solve this problem is the

10 understanding of the trigger between what it is in

11 an environment, how that can interact with the

12 pregnancy and cause a preterm birth. We don't know.

13 We thought it was infection for the last 10 years.

14 And we've done a number of research trials treating

15 people, particularly high risk African American

16 populations at risk with antibiotics, thinking that

17 would resolve it. No difference whatsoever. We're

18 very fortunate in Philadelphia that we're part of

19 what's called the Maternal Fetal Medicine Network.

20 Now, this is an NIH-funded project that pays about

21 \$9 million a year, and it funds somewhere between 10

22 and 14 centers around the country to actually study

23 ways to improve or decrease the incidence of preterm

24 birth. Fortunately, Philadelphia has one of these

25 centers. It's housed with myself at Drexel, but we

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2 also subcontract with Jefferson and the University
3 of Pennsylvania. So really, there's a large number
4 already of patients in all of our university centers
5 who are being recruited into research projects in
6 order to try to answer this problem. And we're
7 studying, not only new innovations like antibiotics,
8 but we're also trying to understand the
9 susceptibility. And that's what we're talking
10 about, why would some groups be more susceptible to
11 stress, why would some groups be more susceptible to
12 infection. So I think one important thing, and
13 where Philadelphia is making a major difference is
14 that we already are one of the major participating
15 centers in the country trying to answer this
16 question.

17 The next demonstrates what I think is
18 the most depressing slide, but it also points out
19 what we've just heard, and that's the incidents of
20 preterm birth by year. And if you look at all the
21 columns, but notice the ones on the right because
22 those are the very premature babies. Those are the
23 ones that are likely to die. Those are the ones
24 also that, if they survive, have significant
25 morbidity. There's absolutely no change in the

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incidence of preterm birth from 1990 to 1998, which is the last year I have here. More importantly, there has not been a change in the incidence of preterm birth in any group, a significant change, in the last 40 years. So when I demonstrate or say that we don't know the answer to this problem, part of it is we haven't known it for almost four decades now.

The last overhead, again, demonstrate severe preterm births in Philadelphia. Again, these are the babies that are likely to die; and if they survive, they're likely to have significant handicaps. The difference there is clearly illustrated. There's been no change between '90 and now, but there's still a significant difference based on race and ethnic group.

There are, however, a few question. Obviously, well, gee, is this so depressing that we should sit here, throw our hands up and say there's no way to solve the problem? Of course not. As I pointed out already, there's active research already ongoing in the City. The March of Dimes is about to embark on more research. But we have to do something between now and when we get the critical

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2 answers to the question.

3 One of the things we can do is already
4 look at the problem of preterm birth we have and
5 decide the best way to serve these patients. We
6 have lots of university hospitals that are best
7 taking care of small premie babies. But the
8 question is, do we have those babies delivering so
9 that they're immediately cared for in those
10 hospitals. If a woman today in Philadelphia calls
11 with an episode of labor, whether she's in preterm
12 labor and at term, she goes to the nearest hospital.
13 Frequently, these are patients that don't have
14 transportation, high risk patients preterm, they
15 don't wind up at the hospitals that are best
16 prepared to serve a woman in preterm labor.

17 We have very are poor data system. Many
18 of our patients start prenatal care in one hospital,
19 they wind up having delivery in another. Right now
20 in the City of Philadelphia, we have no way to
21 transmit that patient information from hospital to
22 hospital, from city health district to city health
23 district. And for those of us that are on the
24 frontline, so to speak, that have to care for these
25 patients, this is a major, major problem.

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2 We also have very poor statistics. I
3 think the people, the epidemiologist that showed you
4 the data today, should be congratulated but the
5 amount of work that needed to go into finding this
6 information is astronomical. And there are cities
7 that have obstetrical data systems so that we can
8 get this, not four years from now when we link the
9 birth certificates, but in real-time so that we can
10 identify changes.

11 So this isn't a hopeless situation.
12 Again, I just want to emphasize, none of us --
13 unless somebody is going come up with something I'm
14 not aware of -- is going to be able to give you the
15 answer that you want today because 70 percent of our
16 problem is from preterm birth, and we don't even
17 understand exactly what the causes are.

18 One last comment, and actually I think
19 this probably is the most important thing. And I
20 just want to emphasize what other people have said.
21 Infant mortality is a significant problem, but it's
22 just a marker for preterm birth. And preterm babies
23 have incredible long-term risks of handicaps. They
24 have cerebral palsy, they have blindness, they have
25 a number of other things. So as we try to solve the

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2 problem of decreasing infant mortality, we also have
3 to address the problem of do we have the resources
4 in place to follow-up for those parents that have
5 preterm babies so that when those babies need to be
6 in early intervention programs, they need to be in
7 other social systems, they need to be available so
8 that these babies get the best start in life that
9 they possibly can. Thank you for your time.

10 COUNCILWOMAN TASCO: Thank you for your
11 information.

12 MR. GIARDINO: Thank you for asking us
13 to speak with you. I come to you as a primary care
14 pedestrian who has served on the Child Fatality
15 Review Team that you've heard about.

16 COUNCILWOMAN TASCO: Did you say your
17 name?

18 MR. GIARDINO: Yes, Angelo Giardino, and
19 I'm the Associate Chairman of Pediatrics at St.
20 Christopher's Hospital.

21 I can't really add anything to the
22 expertise that's been discussed here related to
23 preterm children. But what I would like to offer to
24 you is a perspective from someone who tries to serve
25 the children after they're past their prematurity.

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2 And what pedestrians in general experience for
3 children who are at risk for a number of these
4 preventable causes of death are a lot of barriers.
5 And the reason why I was interested in coming before
6 you today is because I think you're the people who
7 can help tear down barriers. And I'll give you some
8 examples.

9 Again, all of the causes of death that
10 you see before you in Ms. Schwartz's report are
11 preventable. We know how to help prevent SIDS.
12 You've heard that we know that we could reduce
13 prematurity if we have good systems of care and that
14 people can get to the right place at the right time.
15 Injuries are preventable. But what we seem to find
16 as practicing pedestrians are very short-term
17 episodic programs that try to solve one little
18 problem and they don't try to solve the whole
19 problem. And this became very clear to me that you
20 need a comprehensive approach. And then as soon as
21 I said that, then I said, okay, then you need a
22 really expensive approach, so that requires
23 long-term thinking and that's hard to do.

24 But you may have heard of the David Olds
25 model. The David Olds model is a program where

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2 high-risk teens are linked up with a nurse for two
3 years and the nurse comes out to that person's house
4 for two years. And this program is over 15 years
5 old, has great data attached to it. And what we
6 found with that program is that it didn't target one
7 specific problem. It literally linked a nurse with
8 a teen mom. And what happened is the teen mom's
9 life course changed. She now had a professional
10 friend, if you will, who gave her advice on how to
11 rear her child, so the children's number of injuries
12 went down. The number of times the child had to go
13 an emergency room for an injury went down. The
14 nurse gave the mom advice about life course, jobs,
15 delaying second pregnancies; and as you heard, that
16 causes health deterioration. The number births to
17 the moms in a very short period of time after the
18 first birth went down. The mom's economic situation
19 went down. And what was fascinating was the number
20 of children who were abused and neglected went down.
21 The people that did the David Olds study 15 years
22 ago, using the Internet were able to able to find
23 all of those mom's except two of them 15 years
24 later. And all of those findings remain consistent.

25 Now, most people aren't elected for

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2 15-year terms. Most program officers don't have a
3 15-year horizon. But that program was long-term in
4 its view and it was comprehensive and it didn't try
5 to do one little thing. It tried to do a lot and it
6 was comprehensive in its design and it worked. But
7 it's very expensive. However, for every dollar
8 spent on the program, \$4 are saved to the society.
9 And I look at you and I realize you're the people
10 that have the society's pocketbook. So I'm hoping
11 that you can take some of the information you learn
12 here and really advocate for comprehensive programs
13 that aren't episodic, that get all of us in this
14 room together at a table and we can all deposit our
15 expertise. And there are some wonderful programs
16 represented here, but they all have to be stitched
17 together and there has to be a comprehensive view or
18 else we're going to be here in 2016 talking about
19 these preventable causes of death that we failed to
20 prevent. Thank you.

21 COUNCILWOMAN TASC0: Thank you very
22 much.

23 DR. WHITEMAN: Good morning. I'm Dr.
24 Valerie Whiteman from Temple University Health
25 Systems. My apologies for the delay, however, my

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2 first and last patient for the morning would have
3 been a perfect candidate for any type of program
4 that we're talking about this morning.

5 In terms of the issue of infant
6 mortality, I think all of the people who have spoken
7 before me have very nicely demonstrated that the
8 recent changes in perinatal and neonatal medicine
9 have reduced the infant mortality to a plateau,
10 however, that has not significantly decreased over
11 the past several years. Despite the decrease in
12 infant mortality that are seen in other
13 well-established and first-world countries.

14 When you look at things that will affect
15 infant mortality, classically we look at prenatal
16 care as the first thing, the first issue. However,
17 prenatal care as it is known at this point in time
18 has not significantly reduced our infant mortality
19 rates beyond that which we are experiencing at this
20 point in time. We do see that there have been
21 several programs similar one that was implemented at
22 Temple University Hospital several years ago, which
23 was the Temple Infant and Parent Support System
24 Program which significantly reduced the infant
25 mortality within the first year of life. This

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2 program had various incentives towards prenatal care
3 and also more so than that, addressed several of the
4 social problems that our patients see. The
5 expenditure for that program was not small.
6 However, the amount of healthcare cost that was
7 reduced was very significant and certainly improved
8 the long-term health status for those patients that
9 were involved in that program.

10 We know that the Women and Infant
11 Children's Program, the WIC Program, reduces low
12 birthweight significantly. However, in terms of
13 reducing infant mortality ,that still is debatable.

14 So what can we do? We know that the
15 social stressors that seen in the environment
16 similar to where I practice in North Philadelphia
17 are known to severely affect health status, not just
18 in pregnancy, but even beyond pregnancy. And
19 therefore, any kind of program that will be
20 formulated to reduce infant mortality has to look at
21 ways to affect the financial and socioeconomic
22 status of patients. Now, the recent social and
23 economic changes notwithstanding has been documented
24 various times in the literature that low
25 socioeconomic status is associated with adverse

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2 health outcomes as well as an increase in infant
3 mortality. And therefore, it is only intuitive that
4 the suggestion that some type of a program that will
5 address the disparity between the patients and the
6 population in some of our areas in Philadelphia will
7 also have as a secondary effect a reduction in
8 infant mortality.

9 Lastly, there's been various studies
10 done in the literature, some of them by people in
11 the general local area that have looked at ways to
12 reduce infant mortality in terms of, not just the
13 prenatal care but also non-prenatal care, meaning
14 some of the social situations. And their
15 conclusions very simply are that prenatal care as we
16 know it may not necessarily be enough and some of
17 the social problems, specifically stress, finances,
18 low socioeconomic status, jobs, other stressors of
19 life need to be addressed for there to be a
20 significant impact in the infant mortality that
21 we're experiencing in many of the communities in
22 North Philadelphia. Certainly any kind of program
23 that will be formulated has to look at those things
24 because as medical professionals we've done about as
25 much as we can do in terms of reducing infant

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2 mortality, and it's time to look at some of the
3 secondary social programs to be addressed for that
4 to be further significantly reduced. Thank you.

5 COUNCILWOMAN TASC0: Thank you very
6 much. We appreciate your comments. We certainly
7 know that the issue of the economy and the stress
8 and the things that cause stress, poor housing, low
9 incomes, inadequate incomes, because we have a lot
10 of neighborhood, particularly in the area of the
11 West Oak Lane area, we have the working poor. They
12 work, have jobs, but don't necessarily have the
13 level of income that we'd like nor access to the
14 healthcare that is needed. So we are certainly
15 aware of that and in our role as policy-makers try
16 to address those issues as we deliberate what to do
17 here in the City about those things.

18 The question I have for you -- earlier a
19 comment was made that even with the of same economic
20 level, you can take a black college graduate and a
21 white college graduate, the same socioeconomic
22 conditions, the infant mortality is still higher
23 with the African American. Do you have any comments
24 about that? Same stress, I guess.

25 DR. WHITEMAN: Yes, just because we've

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2 graduated from medical school or any other higher
3 education certainly doesn't necessarily mean that we
4 don't have stressors in life. I could continue this
5 conversation outside of these walls. The
6 socioeconomic status notwithstanding, there still
7 are certain stressors with being a person in this
8 society that my counterpart who, all do respect for
9 the non-African Americans in this room, don't
10 necessarily have to experience. And those stressors
11 can certainly impact on pregnancy outcomes as well
12 as other aspects of life.

13 COUNCILWOMAN TASC0: Okay. Dr. Anday,
14 you talked about the some of the mothers who are
15 discharged from Hahnemann and you find later that
16 maybe they have died -- maybe she said that, but
17 what programs do you have at Hahnemann to have
18 prenatal outreach program and post-delivery programs
19 to stay in touch with these parents?

20 DR. ANDAY: My comment was that infants
21 who have been rescued who are extraordinarily
22 fragile medically will be discharged to an
23 environment where continued stress in terms of
24 socioeconomic, risk of infection and so on will
25 increase the risk of those infants who are fragile

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2 medically because of usually chronic lung disease,
3 neurological problems and so on, and will wind up in
4 the first year of life not surviving.

5 So with regard to what programs we have,
6 certainly with -- and maybe Dr. Wapner can speak to
7 what maternal programs are available with linking a
8 mother into a support system early, encouraging
9 things like adequate nutrition, caring for one's
10 self properly, and decreasing risk behavior to try
11 to optimize pregnancy. Outcome, we have follow-up
12 clinics both at 231 North Broad Street and certainly
13 St. Christopher's Hospital for Children has a high
14 risk neonatal follow-up clinic that we refer all of
15 our graduates from neonatal intensive care unit to
16 this program. And when there is lack of -- if the
17 patient does not show up for their appointment, we
18 do call and try to have social work, case
19 management, and so on, assist us in trying to get
20 the patient back. But, again, the amount of
21 resources and time expenditure to have the
22 successful return for your appointment visit is
23 extraordinary. And a number of patients do follow
24 through, so it may be several months before a baby
25 comes back for its post discharge follow-up care.

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2 And I think that we can certainly improve overall
3 what we do in that area, but it will require a
4 number of additional resources to be able to have a
5 successful program.

6 COUNCILWOMAN TASC0: Let me ask you a
7 question that has been on my mind, since all of you
8 are connected with hospitals -- well, let me talk
9 about Temple and Thomas Jefferson. What impact will
10 you see or have you seen on the medical malpractice
11 issue and the doctors leaving the City? And I
12 understand that Jefferson is closing its OB-GYN
13 clinic, is that something I've heard?

14 DR. GIBSON: I'm sure you brought that
15 up. I'm sure it's something that you've heard but
16 it's something that's not true. As a matter of
17 fact, for several reasons it seems as though the
18 OB-GYN clinic is probably busier than it's been in
19 several years. So we hear the rumors all the time,
20 but so far nothing like that is happening. Our
21 births are higher at Jefferson in the last six
22 months than they've been in the last five years. So
23 I've not -- we've heard rumors. We hear lots of
24 rumors about lots of different things, that that one
25 has not been confirmed at all. As a matter of fact,

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2 it seems as though at this point just the opposite.

3 COUNCILWOMAN TASC0: Well, do you have
4 complement of doctors that you need to provide
5 services that's required?

6 DR. GIBSON: Certainly from our end, you
7 know, I'm a neonatologist and we take care of the
8 babies after they're born. We certainly have enough
9 there. They have a sizable residency program and
10 attending physicians that train the residents and
11 fellowship programs. So it seems as though it's
12 very well staffed at this point.

13 COUNCILWOMAN TASC0: Councilman Ortiz,
14 you have any questions?

15 DR. WAPNER: Excuse me. Could I add
16 something to his answer.

17 COUNCILWOMAN TASC0: Yes.

18 DR. WAPNER: I think there are two
19 incredibly important issues dealing with the impact
20 that malpractice has had on us. One is there's no
21 question that there are hospitals. And actually
22 Methodist Hospital which was part of the Jefferson
23 system recently in South Philly did close and
24 Misericordia has closed their obstetrical services.
25 The question, I think -- and these are directly

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2 related to the impact of malpractice. The question
3 we have to start asking ourselves is when is the
4 last time we asked as a City how many hospitals do
5 we need to be doing deliveries? What resources do
6 we need to have at those particular hospitals? Is
7 the bad the two hospitals closed?

8 Certainly there down sides. The people
9 that live in that community have to travel further,
10 but certainly obstetrics and neonatology take
11 incredible resources. And we haven't done -- I've
12 been here 30 years and, to my knowledge, we haven't
13 really done a resource evaluation of the best way to
14 provide maternity care in the City of Philadelphia.
15 So before anybody can give you the information of
16 what the impact is, we really need some basics.

17 The second thing, there are some
18 incredibly more subtle impacts of the malpractice
19 crisis issues than just not enough doctors, and you'
20 touched on one yourself when you asked about the
21 follow-up. Numbers of years ago, every clinic was
22 loaded with social workers, loaded with
23 nutritionists. We had all the ancillary care that
24 we needed to provide this. That's gone, and it's
25 gone because the dollars that we were using to pay

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2 for those additional important healthcare issues
3 have gone to malpractice insurance. So the doctors,
4 to be honest, are the last to go because they
5 absolutely need to be there. But what has gone
6 slowly but really surely has been all the important
7 ancillary services. I doubt any university clinic
8 in the City has a full-time nutritionist in their
9 clinic. That was routine. The numbers of his
10 social workers are less. The ability to do
11 follow-up for these patients -- we'd love to do it,
12 we know how important. But when we're paying
13 between 100 and 250,000 a year per doctor for
14 malpractice, that money's just money that's not in
15 the system anymore. So those are the really
16 critical parts of the malpractice situation that
17 kind of aren't really said as much as the loss of
18 doctors.

19 COUNCILWOMAN TASC0: Do you have any
20 questions?

21 COUNCILMAN ORTIZ: I agree. The aspect
22 of the analysis of resources. When Episcopal closed
23 the obstetrics, it had a great impact in terms of
24 the Puerto Rican community around Episcopal. I
25 still think the effects of that closing of

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2 obstetrics Episcopal services is still being felt
3 and still having a very negative impact. But it was
4 done and it was closed without having any data as to
5 the social and health consequences that it was going
6 to have. It was done basically on a profit aspect
7 of Temple deciding that they wanted to centralize
8 its services and making the obstetrics over at
9 Episcopal were no economically feasible. And those
10 are the way decisions are being made. So it's a
11 tragedy, but that's the reality of what we have
12 today.

13 DR. WHITEMAN: We have seen an increase
14 in our deliveries. Part of the reason why a lot of
15 decisions are made, and I'm certain that the
16 decision to close several other facilities in
17 Philadelphia are made is because of the fiscal
18 strain that the medical malpractice situation has
19 brought upon many institutions, including Methodist
20 and Temple and so forth. These are all problems
21 that aren't necessarily going to make the headlines
22 when people look at medical malpractice cost going
23 up, but they're still going to affect medical care
24 one way or the other.

25 COUNCILMAN ORTIZ: Somebody said that

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2 we're probably the only large city, large urban city
3 in the country without a city hospital. I don't
4 think you can take the 10 largest Cities in this
5 country and I think you can go to each one of them
6 and they will have a City hospital. But we are one
7 of those that -- again, that was a political
8 decision made way before our time here. But it was
9 a bad political decision. It was a bad health
10 decision that was made. Maybe we should look at how
11 we can restore that.

12 DR. WAPNER: Arnie Keller, who is the
13 Chairman of OB-GYN at Einstein Hospital and along
14 with myself are two of the grayest-haired
15 obstetricians in the area, while this whole thing
16 was going on, he leaned over to me and he said,
17 "Well, there's a solution to this. Why don't we
18 build one City hospital and maybe we should call it
19 PGH." And I think you're absolutely correct,
20 although he beat you to the punch.

21 COUNCILMAN ORTIZ: I think that's one of
22 the things that we got to look at if we're serious
23 about making an investment in terms of the health of
24 the citizens of Philadelphia.

25 COUNCILWOMAN TASC0: Thank you very

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2 much. It's been very informative. And, certainly,
3 the purpose of this hearing is to gather
4 information, to get your thoughts, your comments.
5 And then the follow-up will be something that we
6 will figure out once we gather all this information
7 and do a report. And solve your suggestions have
8 been quite interesting and creative, and we
9 appreciate your participation.

10 Other healthcare providers, we'll have
11 Pamela Clarke, Shelah Harper, and Dr. Herbert Kean.

12 We're going to get started. We're
13 running a little behind time. And for the advocates
14 panel, I think we've asked you to allow our Health
15 Commissioner to come next because he has a 2 o'clock
16 appointment. And after this panel, we'll call
17 forth the Health Commissioner.

18 To this panel, we have no intentions of
19 shortchanging you, but we would like for you to
20 summarize your comments. We do have the entire --
21 if you have prepared written comments, those
22 statements will be made part of the record. So a
23 summary would be quite helpful for us as we move
24 along in our day. Thank you.

25 Dr. Kean, good morning.

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2 DR. KEAN: I appreciate the opportunity
3 of being here. My name is Herbert Kean. I'm a
4 physician. I'm the Chairman of the Philadelphia
5 County Medical Society Public Health Committee. I
6 passed out a review of what I'm going to talk about.

7 Our committee represents many
8 organizations in the City, City organizations. We
9 also have the block captain program within our
10 committee. The block captain program is something
11 that the City is well aware of. These are the
12 barefoot doctors who go around the community, every
13 block, every neighborhood has block captains.

14 Now, we have heard testimony about
15 preterm birth, the problems connected with it
16 because these people don't get prenatal care, they
17 don't know about it, they don't know about programs.
18 We are dealing with maybe a medically indigent
19 population, a socially indigent population.

20 What I'd like to say to really sum my
21 testimony is, we don't know the reason for all these
22 problems, but my committee has part of the cure.
23 The patients like to know the cures. Doctors like
24 to know the reasons. We have 5,000 volunteers. We
25 have essentially one volunteer in every block in the

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2 City. And these volunteers know their people, they
3 know the people on their block, they know which
4 youngsters are sexually active, they know who might
5 be pregnant, they know who might need prenatal care,
6 and they also might know who's afraid to go to
7 organizations to get prenatal care. Maybe they're
8 immigrants who are afraid of the system. Maybe they
9 are people who not citizens who are afraid.
10 Whatever the reason is, our 5,000 people know the
11 people who need the care. Our people, our 5,000
12 volunteers can get to these people one-on-one. And
13 it's my feeling, like with so many good programs,
14 one-on-one is the way to go. We can find these
15 people. We can seek them, ferret them out. We can
16 bring them to the organizations which will provide
17 the care, provide the answers.

18 We have meetings every three or four
19 months. We have the block captains coming to our
20 meetings. We get overflow at the Philadelphia
21 County Medical Society meetings. There's standing
22 room only. These are people who are interested in
23 their blocks, interested in the people who live on
24 their streets. These people come to our meetings
25 and they are given instruction as to what to look

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2 for, what to do. We've instructed them on diabetes.
3 We've instructed them on hypertension. Some of the
4 follow-up, I understand from our health czar, has
5 been amazing in the weight reduction people who are
6 in our program, in diabetes reduction, hypertension
7 reduction. One-and-one it works.

8 And what I am expressing to Council is
9 to try to find all the reasons for these things, but
10 when you want to get to these people who need the
11 prenatal care, who have the preterm births, the
12 block captains are an approach that you should
13 consider. It costs the City nothing, which is a
14 major factor. It may cost you lunch, but this an
15 important issue. We talk about money, there's no
16 money. Well, we don't need money to do it. We have
17 volunteers, 5,000 volunteers who will go to every
18 home in the City if need be and get these people to
19 the proper care.

20 I don't want to belabor that point, but
21 this is a program that's available through the
22 Philadelphia County Medical Society. It really has
23 nothing to do with the malpractice crisis, although
24 all the doctors in the society are aware of it. It
25 has nothing to do with City funds. It has to do

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2 with volunteerism at its best.

3 We've heard a lot from the present
4 administration nationally about volunteerism. We
5 have it right here in the City, and we're doing an
6 outstanding job. And I would like to make this
7 available to Council in whatever way they want to
8 use it. Thank you.

9 COUNCILWOMAN TASCO: Thank you. We
10 certainly appreciate the offer. I'm sure that some
11 of us will contact you relative to making contacts
12 with the block captains because, unlike you, we
13 don't have access to that information even though it
14 belongs to the City.

15 Next.

16 MS. CLARKE: Good morning, Councilwoman
17 Tasco. I want to introduce myself. I'm Pamela
18 Clarke from the Delaware Valley Healthcare Council
19 and Hospital Association of Pennsylvania. I am here
20 speaking on behalf of Andrew Wigglsworth, the
21 President of DVHC who unfortunately was unable to
22 attend.

23 DVHC is a membership organization
24 representing over 150 healthcare organizations in
25 southeastern Pennsylvania, southern New Jersey, and

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2 northern Delaware. We appreciate the opportunity to
3 present our views on infant mortality in Northwest
4 Philadelphia's African American neighborhoods.

5 Infant mortality is a tragic public
6 health problem. Although the rates have been
7 declining, high rates persist in the Philadelphia
8 neighborhoods and are greater for the African
9 American community than for the white population.
10 In Philadelphia, the infant mortality rate for
11 African American infants is more than twice that for
12 the rate for the white infants. The disparities are
13 unacceptable.

14 As has already been mentioned this
15 morning, infant mortality has many causes, birth
16 defects, preterm deliveries and low birthweight.
17 Birth defects as a cause does not demonstrate
18 differences from the African Americans and the
19 whites; however, preterm delivery and low
20 birthweight do have differences between the African
21 Americans and the whites. Infant mortality related
22 to low birthweight occurs four times more frequently
23 for the African American population than for whites.

24 An analysis was conducted by the
25 Philadelphia Department of Health which examined

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2 birth and death data for infants in the West Oak
3 Lane neighborhood from 1998 to 2000. This analyses
4 showed that greater than 75 percent of infant deaths
5 could be attributed to low birthweight and preterm
6 deliveries. So DVHC believes that it is important
7 to focus on strategies for reducing preterm
8 deliveries and low birthweight deliveries.

9 Data from the Philadelphia Department of
10 Public Health show that while the infant death rates
11 in Olney and West Oak Lane neighborhoods are not as
12 high as in North and West Philadelphia, the rates in
13 these neighborhoods are higher than the norm for the
14 City as a whole. In these areas, there are
15 hospital-based programs that exist that address the
16 problems of infant mortality. In particular, the
17 programs tend to be outreach programs. Albert
18 Einstein Medical Center has a program called A
19 Better Start Program that provides health education,
20 prenatal, and parenting education. In addition,
21 Albert Einstein Medical Center works with the City
22 to provide care to uninsured mothers in a program
23 called The Maternity Services Program. They also
24 offer Healthy Beginnings Plus services to mothers on
25 Medicaid.

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2 You had raised the question earlier
3 about what type of aftercare services are provided
4 for mothers who deliver babies at the hospitals.
5 Albert Einstein has a program that ensures that
6 mothers who deliver their babies in their facility
7 receive new-baby visits within five days post
8 discharge. These particular visits focus on
9 providing information about newborn care, health
10 education, and they make an assessment as to whether
11 or not the mother needs additional support services
12 post hospitalization.

13 Chestnut Hill hospital also has
14 community based outreach programs to address the
15 problem of infant mortality. Chestnut Hill Hospital
16 provides prenatal and parenting classes both at
17 their hospital and in the community. They work with
18 teen mothers at Martin Luther King High School and
19 Germantown High School. They work with churches to
20 provide community health fairs for pregnant mothers.
21 Likewise, Chestnut Hill Hospital also is concerned
22 about aftercare services for mothers who deliver
23 their infants in their facility. They ensure that
24 every baby born at the hospital has a medical home
25 post discharge.

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2 Temple University, although it is not
3 directly in the Councilmanic District No. 9, is in
4 close proximity. And it has a program called Temple
5 Select High Risk OB Program. In this program, case
6 management outreach services are provided for high
7 risk pregnant women. Temple University provides
8 educational and transportation programs for these
9 high risk pregnant women.

10 Programs such as the ones that I have
11 mentioned focus on addressing maternal and
12 preconception care, and these are the types of
13 programs that are usually cited as promising
14 strategies for attacking high rates of infant
15 mortality. These programs are designed to address
16 some of the factors contributing to the disparities
17 in preterm deliveries such as the social, cultural,
18 and environmental stressors that have been mentioned
19 today.

20 However, it is also important to explore
21 access to and use of quality prenatal and hospital
22 care. DVHC has engaged in initiatives to address
23 the problem of access to care. In particular, DVHC
24 and its members have spearheaded enrollment programs
25 throughout the region. In partnership with the

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2 Philadelphia Citizens for Children and Youth, the
3 School District and others, DVHC has participated in
4 a program called First Step for Healthy Kids. These
5 agencies work together to get health care coverage
6 for children and their families and to provide
7 linkages for low-income families to a medical home
8 or regular source of care. In particular, in 2001,
9 DVHC and Einstein partnered with the Germantown area
10 schools to enroll more than 200 children who are
11 eligible for medical assistance or CHIP.

12 Despite these efforts to provide greater
13 access to care through enrollment programs, DVHC has
14 testified on numerous occasions before in the state
15 legislature that we are faced with medical liability
16 insurance crisis that threatens access to care. And
17 of course, you raised this as a question earlier.

18 Access to quality obstetrical care is in
19 jeopardy due to this growing liability insurance
20 crisis. The American College of Obstetrics and
21 Gynecology has issued a red alert on the condition
22 of obstetrical care in nine states, one of which
23 Pennsylvania. They warn that liability insurance is
24 becoming unaffordable or even unavailable. Without
25 insurance, OB/GYNs are forced to stop delivering

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2 babies, stop surgical services, and close their
3 doors. They warn that with fewer obstetric
4 providers, women's access to care will be greatly
5 reduced. High liability cost has resulted in the
6 closing of units and the layoffs of hundreds of
7 employees. Seven out of 39 maternity units have
8 closed in Philadelphia and two closed most recently
9 this summer.

10 Einstein delivers about 30 percent of
11 the babies from West Oak Lane, and they lost 17
12 positions including two obstetricians since 2001.
13 Chestnut Hill Hospital delivers 20 percent of the
14 babies from West Oak Lane, and they decreased the
15 number of OB/GYNs from 14 to 6. Einstein
16 malpractice costs have increased from 14 million in
17 Fiscal Year 2002 to 36 million in Fiscal Year 2003,
18 a third of the amount is related to obstetrics.
19 Einstein has tried to fill the void of physicians by
20 increasing employed positions. They've increased
21 the numbers of employed positions from 100 to 400.
22 However, physician recruitment in Philadelphia is
23 becoming increasingly difficult, especially in the
24 minority communities.

25 In addition to these costs, there have

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2 been increases in other healthcare costs such as the
3 cost for nursing, which has increased 40 percent;
4 the cost of blood products, which has increased 50
5 percent; and the cost of drug costs, which has
6 increased 25 percent. All of these costs have an
7 impact on the provision of neonatal intensive care
8 unit services as well as obstetric services.

9 In 2001, more than 3100 babies were
10 delivered in Northwest area hospitals. Almost 500
11 of the babies were treated in Northwest Philadelphia
12 Neonatal Intensive Care Units or NICUs. In the past
13 two decades, NICUs have been a major contributor to
14 the decline in infant mortality. As was mentioned
15 earlier, before NICUs, 70 percent of babies born
16 prematurely with low birthweight, birth defects, or
17 other serious problems die. However, today, with
18 the provision of service through the NICUs, over 90
19 percent will survive. We need to work to keep NICU
20 care fully available to infants throughout
21 Philadelphia by making sure we continue to have the
22 doctors and nurses to provide the care.

23 Equally important, however, is the focus
24 on prevention strategies so that newborn babies will
25 not need that level of care. Healthy Start programs

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2 have provided these prevention programs for the past
3 seven years in North and West Philadelphia and
4 Chester, Pennsylvania. The national evaluation of
5 the Philadelphia program outcomes completed in 2000
6 documented that the program had statistically
7 significant impact on the number of prenatal care
8 visits and on the preterm birth rates in those
9 neighborhoods. The Healthy Start Program resulted
10 in decline in infant mortality rates, but those
11 particular results were not statistically
12 significant.

13 COUNCILWOMAN TASC0: Would repeat that
14 again?

15 MS. CLARKE: Sure. Although there was a
16 decline in the infant mortality rates of the areas
17 that participated in the Healthy Start Program, the
18 results were not found to be statistically
19 significant.

20 In the Olney West Oak Lane neighborhood,
21 there is no City health center or
22 federally-qualified health center. There are no
23 structured coordinated services such as those
24 provided by the Healthy Start funds. The Healthy
25 Start Initiative funding is available to communities

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2 with infant mortality rates above 10.8 deaths per
3 thousand live births. The rate in Northwest
4 Philadelphia is 50 percent above the Healthy Start
5 criteria.

6 In conclusion, it seems evident the
7 hospitals and health systems are already devoting
8 enormous resources to this problem. DVHC stands
9 ready to work with the City, community-based and
10 neighborhood organizations and maternal and child
11 care experts to explore further ways to address this
12 continuing community human tragedy.

13 We should all be working together to
14 seek state and federal resources to augment and
15 coordinate health and supportive social services for
16 women and children and families in Northwest
17 Philadelphia. However, I have to emphasize that
18 left unresolved, the continuing medical liability
19 insurance crisis will cripple the ability of
20 hospitals to help address this deep-rooted public
21 health problem. It will severely limit access to
22 needed services. Across this region, hospitals have
23 been faced with the doubling and tripling of
24 liability costs as well as the growing loss of
25 physicians to other areas and the inability to

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2 recruit new physicians in our City. Some hospitals
3 are now spending more money on liability coverage
4 than for medicines for their patients. Moreover,
5 hospitals in this City provided 273 million in
6 uncompensated care in 2001. In the context of years
7 of low reimbursements, high work force shortages,
8 government cutbacks, growing uncompensated care, and
9 increased responsibilities related to disaster
10 preparedness, the City's healthcare system is very
11 fragile with virtually no capacity to absorb new
12 challenges without new resources.

13 As we work together to solve the
14 problems in Northwest Philadelphia, we must do so in
15 the context of working together to address some of
16 the system issues undermining vitality of our
17 region's healthcare system. To confront the
18 challenges related to infant mortality, it will
19 require effort by all of us. We need to work
20 together and be in the game together as a team
21 working toward a unified goal of reducing infant
22 mortality. Thank you.

23 COUNCILWOMAN TASC0: Thank you very
24 much.

25 Ms. Harper.

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2 MS. HARPER: Good afternoon, Council,
3 it's a pleasure to be here on behalf of Health
4 Center No. 9. I am Vice Chair of Health Center No.
5 9's Citizens Advisory Board, and I'm here today with
6 a sincere interest with regard to the infant
7 mortality rate.

8 My concern is when I look at the numbers
9 and the statistics that deal with the infant death
10 rates, the low birth rates, it is like really clear
11 that the population for Health Center No. 9's
12 district along with Health Center No. 8, which I
13 question because there is no Health Center No. 8.
14 Health Center No. 8 was closed years ago, so was
15 Health Center No. 7. When I look at those numbers,
16 a lot of the patients that have -- once they closed,
17 came over to Health Center No. 9, particularly 8. 8
18 was -- if you can hold on one second I can give you
19 a picture. This is 9, this is 8, this is 7. When I
20 start looking at those numbers and I start seeing
21 that Health Center No. 8 had 378 deaths and then I
22 look at No. 7 and I see that they had a hundred and
23 something deaths, I'm like, okay, where are these
24 people being seen because there are no health
25 centers in that particular district? Therefore, if

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2 a large percentage of those people are coming over
3 to No. 9, when I look at the numbers, 9 is off of
4 the hook. Excuse my mouth, but that's the way I
5 have to put it.

6 For example, in terms of infant deaths,
7 if I combined 8 and 9, I have 73 infant deaths in
8 that particular area. If I add 7 on, I have 21
9 more, that's almost a hundred. Now, granted some of
10 those people are being seen at Health Center No. 10.
11 However, a significant number are coming over to us.
12 My concern is how resources are allocated. If I see
13 numbers that look like, okay, we had let's say in
14 Health District No. 4 in West Philadelphia we had 24
15 infant deaths; if I look at 3, I see we had 38.
16 Well, I look at 7, 8, and 9 and I see we almost had
17 a hundred; and then I look at 5 and I see we had 15.
18 And I'm saying to myself, This doesn't make any
19 sense. A lot of the resources are being placed -- I
20 think the most recent Healthy Start resources were
21 placed in Health Center No. 5's area. I'm
22 concerned. What is the criterion for allocating
23 resources when you have numbers that are off the
24 hook, particularly when you're looking at areas that
25 don't have health centers. So that's one of my

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2 concerns. I think that in terms of how we
3 prioritize our funding and allocation of resources,
4 whether it's the Maternity Care Coalition, whether
5 it's Healthy Start money, I think we have to look at
6 those numbers and we have to base our allocation of
7 resources on the mere numbers.

8 Secondly, as a behavior specialist, I do
9 work on the side as a behavior specialist, a lot of
10 the houses that I go into have a major roach
11 problem. I have seen roaches in babies' cribs. I
12 have roaches in babies' car seats. I got a roach
13 infestation in my car because of the fact that I
14 took a baby's car seat and placed it in my car. I
15 had to spray my car. Now, we're talking about
16 babies who -- I know it's gross and most of us in
17 this room never see this. This is like stuff that
18 we don't want to see. However, there is a direct
19 correlation -- and I think some of our physicians
20 and stuff here could probably deal with the issue of
21 roaches and asthma. There's a high correlation. I
22 literally had some social workers from DHS and every
23 place else looking for some sort of program that
24 could go into some of these households to spray for
25 roaches. The response that I got all the way around

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2 was, Well, you know they deal with roach
3 infestations on the street, but there's nothing that
4 deals with roach infestations in the house.

5 There's a relation between roaches and
6 salmonella poisoning. If you have roaches crawling
7 around -- I guess some of the whatever they leave
8 behind when they're crawling, if they're crawling
9 through things of cereal and through people's
10 cabinets, there's a relationship.

11 So I'm looking at some sort of program
12 that the City can fund to go into low-income houses
13 where it's like really infestation issue, because
14 I'm not even going to talk about the behavioral
15 issues of a child laying in a crib with a bunch of
16 roaches. A program where you can go in and
17 exterminate. Now, I understand that years ago, I
18 think it was kind of like before my time, but years
19 ago there was something like this.

20 So I basically summary would ask that
21 Council demand of whoever allocates these resources
22 in terms of preventative issues for infant
23 mortality, basically take a look at the numbers.
24 Please consider that Health Center No. 7 and Health
25 Center No. 8 do not exist. They come to Health

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2 Center No. 9 and some of them probably go to 10
3 also. But the mere numbers jump off the of me.

4 Now, I haven't been able to -- and I
5 will submit this information to you in a more
6 written format because I have the specific
7 statistical numbers in terms of the numbers of 7 and
8 8 and this that and the other. So I'd ask that you
9 please demand that those resources be allocated
10 based on the prevalence of the problem and also look
11 at some sort of a program that deals with this roach
12 infestation and it's impact on asthma and
13 salmonella, et cetera. Thank you.

14 COUNCILWOMAN TASC0: Thank you very
15 much. One of the concerns I've had over the years,
16 it's sad that we have to pit one community against
17 the other when you have the problems pretty much
18 City-wide, but certainly in targeted areas, and how
19 the decision is made to fund one community and not
20 fund another or find programs for one community.
21 And so that is one of the reasons also for this
22 hearing is to talk about the allocations resources,
23 what public policies we set as a City in handling
24 the issue of infant mortality and what we have to do
25 to set those priorities. I don't want one community

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2 to suffer because another community has received all
3 of the funding. How do we fund everyone? How do we
4 address the issue in those communities that have
5 problems? And certainly through the years I've
6 tried to seek funding for my community up in the
7 northwest area for the Healthy Start Program, for
8 the Mom Mobile, and I'm constantly told, Well, the
9 numbers don't show it or we have funded the program
10 in West Philadelphia or North Philadelphia. Well,
11 when the news story hit and said that West Oak Lane
12 had the highest, I thought it was about time for us
13 to address that issue because it's not just West
14 Philadelphia and North Philadelphia. I want those
15 resources sent to our community also. And not at
16 the expense of West Philadelphia or North
17 Philadelphia. We have to find to address the issue
18 city-wide and particularly in those areas the
19 highest rate. And that's why we're today because
20 we have to have some action taken on that. Thank
21 you very much.

22 Any other questions?

23 Councilwoman Blondel Reynolds-Brown.

24 COUNCILWOMAN BROWN: Good afternoon.

25 Not having the benefit of having heard all of the

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2 testimony, at what point did District 9 no longer
3 exist?

4 MS. HARPER: It's No. 8 and 7.

5 COUNCILWOMAN BROWN: 1987?

6 MS. HARPER: No, no. District 8 and
7 District No. 7 no longer exists.

8 COUNCILWOMAN BROWN: Since when?

9 MS. HARPER: I really don't know. It
10 was before I started looking at these numbers.
11 Maybe someone else could tell me. I don't know.

12 COUNCILWOMAN BROWN: That's helpful to
13 me in terms of getting a handle on --

14 MS. HARPER: In the '70s, in the late
15 '70s.

16 COUNCILWOMAN BROWN: And so given that
17 fact coupled with the allocation for dollars for Mom
18 Mobiles and Healthy Start in West Philadelphia, I'd
19 be curious to know is that the point that dollars
20 for those programs in that area of the City were on
21 the incline, did that match the need. And now we
22 look at today's reality where the great in the
23 Northwest and, again, the interest is to match the
24 need, match the dollars where the greatest need is.
25 So that's why I asked when those centers closed in

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2 the Northwest section and was it at the same time
3 that the need and the presence of infant mortality
4 was on a severe rise in West and North Philadelphia.
5 So can anyone give any insight with that? Because
6 we're sure the reality has changed now because it's
7 Northwest and Olney section of the City that has the
8 greatest need.

9 COUNCILWOMAN TASCO: We're going to ask
10 the Health Commissioner to come. We're going to ask
11 in terms of protocol, Dr. Robinson, if you would
12 stick around. We want to have your information
13 which is really repeating some of the stuff that's
14 already given. I would like to have the
15 Commissioner come forth and present his testimony
16 before he has to go, and then well certainly
17 incorporate your testimony with his, if you don't
18 mind.

19 Thank you very much, all of you for your
20 comments.

21 Good afternoon, Commissioner. Thank you
22 for coming. Why don't you identify yourself for the
23 record and you may proceed.

24 MR. DOMZALSKI: Good afternoon. My name
25 is John Domzalski, and that's D-O-M-Z-A-L-S-K-I.

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2 I'm the Health Commissioner for the City of
3 Philadelphia.

4 First off, Councilwoman Tasco and Madam
5 Chair, I'd like to thank you so very much for making
6 an accommodation in your testimony schedule for me
7 this afternoon. I very much appreciate that.

8 Second thing I'd like to say is, this
9 hearing may well be one of the most important that
10 occurs in this Chamber from a public health
11 perspective. There is no indicator, in my view, of
12 the health of the community than the indicator of
13 infant mortality. While I have prepared testimony
14 that I have submitted, I would like to share some
15 thoughts with you in a summary fashion concerning
16 how I and we in the Department of Public Health now
17 look at the issue of infant mortality.

18 When we look at infant mortality, one of
19 the first things we usually give is a rate. We
20 usually define infant mortality as the number of
21 babies who die prior to the age of one year per 1000
22 live births. As we define it that way, almost
23 immediately we take the humanity out of it and take
24 a step back and start looking at it in statistical
25 terms. I think it's critically important that we

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2 understand that, while in my testimony you will see
3 and the record will show that we have made progress
4 in infant mortality in Philadelphia, it's not enough
5 and it's not city-wide and it isn't at all
6 representative of what's going on in our
7 neighborhoods.

8 Even from a year ago we've been able to
9 post about a 10 percent improvement city-wide in
10 infant mortality. Unfortunately, what that means is
11 that even with those better numbers in the last year
12 for which we have data, that means that there were
13 224 babies who died. It is imperative that we as a
14 community and we as the Department of Public Health
15 identify that the true measure of success in infant
16 mortality must be bottomed on the principle that one
17 death of a child, one preventable death, is too
18 many. We need to adopt a zero tolerance policy with
19 regard to infant mortality. And the way we need to
20 do that is to begin understanding it from the only
21 way, in my view, that infant mortality can be
22 understood, and that's from the neighborhood
23 community level.

24 When we talk about infant mortality, it
25 is very, very deceptive for us to focus on that 10.1

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2 deaths of children per 1000 live births, because
3 what it fails to show is that in some parts of the
4 City, that infant mortality rate is as low as two
5 deaths per 1000 live births, which is still too
6 many. But what it doesn't get at is that in too
7 many other neighborhoods in this City, it isn't 10
8 deaths per 1000 live births. It's more like 19.5
9 per 1000 live births. And so we need to look --
10 there was a discussion just in the last testimony
11 about resources. And that's extraordinarily
12 important in terms of how we allocate those
13 resources. I think from the standpoint of how we
14 approach, I believe that with all of the
15 intellectual capital resources that exist in this
16 City, that we in the Department of Public Health
17 need to take a leadership role, and in some cases be
18 the lead, in some cases be part of the team on other
19 issues, but in addressing this issue of infant
20 mortality on a neighborhood-by-neighborhood basis
21 across the City.

22 There is an awful lot that we understand
23 about infant mortality. I need to say that because
24 when we get in discussions about this, we also get
25 into the discussion that, one, infant mortality is

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2 very complex and we don't understand a lot about it.
3 And there are parts of the phenomena of the infant
4 mortality that we do not understand, that medical
5 science and public health science just hasn't caught
6 up with. But that doesn't mean we don't understand
7 everything. We understand a lot. One of the things
8 that comes very, very clear as we look at the
9 phenomena of infant mortality is the need for us to
10 focus on the health of women. We need to start
11 there because healthy -- unless we have woman who
12 are healthy, unless we have health needs of women
13 that are thoroughly, consistently addressed we'll
14 never get a handle on the issue of infant mortality.

15 As we look at it, we can break down
16 infant mortality in the periods of risk. There's
17 the preterm period of risk. There's the newborn
18 period of risk and there is -- rather the fetal
19 period of risk. And then there's the infant period
20 of risk. And so, many of the issues that have to do
21 with babies being born too soon and babies being
22 born too small have to do and focus directly in on
23 the health of women. And so that is a paramount
24 focus that we need to have as we deliberate on this
25 issue.

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2 I've been Health Commissioner for seven
3 months, and one of the things that we've identified
4 clearly in our administration is that we need to
5 focus on and bring together all of the things we, in
6 fact, know about the issue of infant mortality and
7 create a process where we can begin to share
8 information and come to understand better those
9 things that we don't know.

10 On July 15 of this year, we were blessed
11 to be able to appoint a medical director for the
12 Department of Public Health. She's one of the few
13 people in my department that you have not met as
14 Council. She's with us this afternoon. Her name is
15 Dr. Joanne Godley.

16 Dr. Godley, if you would just raise your
17 hand for folks to see you.

18 Dr. Godley comes with a -- she's a
19 Philadelphian. She has practiced -- she's worked in
20 public health. She's been an epidemic intelligence
21 officer for the Centers for Disease Control and
22 Prevention. She's worked -- practiced medicine in
23 our health centers a number of years ago. She's
24 worked in managed care, and her last tour of duty
25 was a two-and-a-half year tour with the Peace Corps.

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2 And so on her return back to the United States we
3 were fortunate to recruit Dr. Godley.

4 I've asked Dr. Godley to head up an
5 effort that begins in the Department of Public
6 Health of looking at infant mortality in a
7 different, more coordinated and more inclusive way
8 than we ever have before. Dr. Godley, in looking at
9 this charge that I have given her, has identified
10 some models that work from the perspective of
11 looking at infant mortality community-wide. And one
12 of them is called a FIMR, F-I-M-R, which is Fetal
13 and Infant Mortality Review. And what that process
14 is, it brings together both the medical players, the
15 social players, the public health players, the
16 neonatologists, everyone who has an understanding
17 about the issue and can bring to bear information on
18 the issue of infant deaths together to begin to
19 change the way we address this. And what we see
20 happening is, one, pulling all the pieces together
21 that now exist in our department, and there are many
22 of them, and I'll touch on a few of them, but also
23 then to extend this out from the department to bring
24 the players in from the rest across this City.

25 We have a City that has a tremendous

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2 number of medical, academic and academic medical
3 resources when we bring them together that can be
4 brought to bear and understand this. We heard
5 testimony just moments ago from the Philadelphia
6 County Medical Society about resources that they
7 have to offer. We, in fact, heard testimony earlier
8 on from some of our partners, who are talking about
9 a need for some services in their communities which,
10 in fact, exist. And what that indicates is a
11 failing on our part in the Department of Public
12 Health in not being able to communicate that. So we
13 need to make the table larger and bring folks to the
14 table to look at this.

15 We also need to look at how we do
16 research in this City because more research does
17 need to be done. When we organize research we have
18 to exercise leadership in the Department of Public
19 Health so that we don't allow and we don't encourage
20 our academic partners to get into the habit of going
21 into a community and researching and then going home
22 and writing about it and then running from that
23 community. What we need to do is be able to bring
24 those research efforts together. And through our
25 IRB, our Institutional Review Board Process, where

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2 we approve all research and studies that go on on a
3 community-wide basis or elsewhere in the department,
4 an obligation for people to look at this and help us
5 to understand, to direct the research in areas that
6 are most productive in understanding this.

7 I'll touch a little bit on the fact that
8 we do have -- some of my comments might be
9 understood to say that, certainly, I don't think
10 we're doing enough. But I think that there has been
11 a lot of very thoughtful effort given by the
12 professionals in the Department of Public Health to
13 structure new ways of looking at and preventing
14 infant deaths across the City. One of them is the
15 David Olds model. And I'll tell you that we have a
16 phenomenon going on in this government where we're
17 able to do things across departments that we have
18 not been able to do before. We're able to sit at
19 tables. I'm in the social services component. And
20 in the social services component under a Deputy
21 Managing Director we bring together all of the
22 services that have to do with health and social
23 services in the government. Public health is at the
24 table. Department of Human Services is at the
25 table, Recreation, Prison System. We're all there

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2 together. And I mention this in relation to the
3 David Olds partnership, and that's because it
4 consists of a partnership with the Department of
5 Public Health, with the Department of Human Services
6 and with Philadelphia Safe and Sound to better be
7 able to get out the issue of if we were to focus
8 resources and effort on women who are first term,
9 who are first-time mothers, and follow, and follow
10 those mothers from the time early on in their
11 pregnancy through the first year or two after the
12 delivery, we believe we can have a substantial
13 impact on the issue of infant mortality.

14 The David Olds model is one that we have
15 to buy into. It's a licensed model. It's been
16 proven to work. And one of our challenges, that
17 tease out all the ingredients in that that make that
18 successful, so that replicates that across the
19 communities, across neighborhoods.

20 Since Memorial Day I've had the
21 privilege of going out in the neighborhoods probably
22 four or five times a week across the City. And it's
23 part of the Mayor's Initiative on Safe Streets, but
24 it's more than that. I mean, you would think, why
25 is the Health Commissioner going out with the Police

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2 Commissioner at a Safe Streets rally. Because when
3 we look at the issue from a Safe Streets standpoint,
4 we have to look at it from the standpoint of the
5 comprehensive thrust that it represents. The whole
6 issue of neighborhood transformation has very little
7 to do -- has something to do, but very little to do
8 in the long-term with just the physical aspects of
9 neighborhoods. It has to do with all of us who sit
10 around that social service table bringing in
11 services that can support communities, support
12 community building, help communities grow.

13 And when I get out there and I'm given
14 the opportunity for a few minutes to talk a little
15 bit, sometimes I talk about things that are relevant
16 to that particular community. I did a couple stops
17 last night and I had the chance to talk about our
18 flu shots because we were talking about, you know,
19 in some of neighborhoods where we have a
20 predominance of elderly people. But it's this
21 neighborhood focus that's so magical that gives us
22 an opportunity and gives us hope that we can do
23 something about this.

24 I don't think we can any longer have the
25 permissive attitude that we have to have a certain

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2 amount of infant mortality. We just don't. We can
3 do something about that. I think that's the first
4 step. If we say, one, that we must; and two, that
5 we can; and three, that we put some action behind
6 those words. And the beginning of that action, in
7 my view, is for us to begin in the Department of
8 Public Health to build on what we've done. But
9 don't rest there. Okay. We're confident about
10 this, but we're not complacent about where we've
11 been. And then to add, to build on to that, to
12 build our colleagues from Maternity Coalition, to
13 build with PCCY, to build with the County Medical
14 Society, to build with every one of the academic
15 medical centers, and to build with the
16 representatives of the people, the councilpeople in
17 the district to craft programs that make sense in
18 those neighborhoods. I think when we do that and we
19 pull this business together, I just think there's a
20 tremendous amount that we have left undone, but that
21 yet we can accomplish. And that if we set that task
22 for ourselves and people are very cautious -- and
23 this is, I think, where for some of my staff will
24 probably want to run up here and maybe say, don't
25 say any more -- but I think what we need to do is

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2 actually lay the challenge before ourselves to come
3 back a year from now and say, just what have we
4 accomplished. Not just with that city-wide number,
5 not just with that city-wide number, but what does
6 it look like? What does it look like in the
7 neighborhoods where we post infant mortality rates
8 such as the following: Strawberry Mansion, 19.0 per
9 thousand; Ogontz, 18.3 per thousand live births;
10 Sharswood Stanton, 19.5 infant deaths per thousand
11 live births; what have we accomplished in those
12 neighborhoods? And I think that's the task that's
13 before us. And I think there's nothing but optimism
14 that we can do this. It's going to take a concerted
15 effort and it's going to take a willingness for us,
16 not only to partner and to lead, but to lead and to
17 partner when it's appropriate in those
18 circumstances.

19 Councilwoman Tasco, I thank you again
20 for the opportunity to come here and talk a little
21 bit about the things that have been driving us in
22 the past several months in the department that do
23 seem to fit in with this concern and focus. And I'd
24 be happy to answer some questions now.

25 COUNCILWOMAN TASCO: Thank you very

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2 much. And certainly we will ask you to come here
3 next year at this time and offer a report on what
4 plans you established, your goals, and what action.
5 I think the bottom line for us will be, what has
6 been done in the year more than just planning and
7 discussion.

8 I do think the coordination -- the
9 gentleman from Drexel was clear on that. We have to
10 establish a coordinated effort to address this. We
11 have all these wonderful hospitals in the City. And
12 with the City's charge, the Health Department's
13 charge, through the Charter to be mindful and be
14 responsible for the health and welfare of its
15 citizens. It seems to me the Health Department is
16 the appropriate department or agency to spearhead
17 and provide the leadership to get the ball rolling
18 to bring everybody to the table because I'm curious
19 to know -- and you may or may not have the
20 information today -- if you're planning to fund new
21 programs for the targeted areas. And if you decide
22 to fund new programs, how did you determine the
23 targeted areas? I'm interested in that. Because
24 I've been on Council since 1988 and I haven't been
25 able to get a targeted dollar for the Northwest

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2 area. And so that bothers me and troubles me. So a
3 new approach is required. It's an approach that we
4 have to figure out what is the broader picture and
5 how we deal with it.

6 The other thing we also have to look at,
7 and I am disturbed about, is the possibility of the
8 cutdown on the hours of the health centers. We have
9 been in the past very fortunate to have the health
10 centers open maybe in the evenings, sometimes on
11 Saturdays because women are working now. They are
12 pregnant and they are working and sometimes until
13 they go into the delivery room and may not be able
14 to get to the health center during the day, but may
15 need that evening hour. Certainly the
16 Councilmembers have some real concern. We don't
17 want to go back to the days when the health centers
18 were marching on us to make sure that they stay open
19 or that the prescription medicines were available
20 for the patients. We don't want to go back. We
21 don't want to regress. We made great strides in
22 providing access to the health centers in those off
23 hours. I hope that what I'm reading is not true.

24 MR. DOMZALSKI: I can tell you
25 unequivocally, Councilwoman Tasco, that there are no

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2 plans to curtail hours in the health centers. None.
3 I will tell you more than that. What we are looking
4 at, and your point is right on target, that the
5 hours that we operate do definitely need to be
6 looked at because women are working. And women are
7 working in greater, greater numbers. And it's not
8 just in the past years. It's been since 1997 and
9 before. And we've had -- not more than eight days
10 ago, not more than eight days ago, I sat with each
11 of our health center directors and directed them to
12 assess the hours in those centers in terms of their
13 applicability to the patients that we now serve.
14 Are these the most convenient hours, 8:00 to 5:00?
15 We know they're convenient for somebody; they're
16 convenient mostly for us. But the issue is, are
17 they convenient for our customers? Are they
18 convenient for people who need those services? So
19 no. In fact, our goal and our objective -- and we
20 believe that we will achieve this, no question -- is
21 to not only not curtail services, but improve them
22 across the board.

23 One of the big pieces with this, and
24 I'll just take a moment if you'll permit me, but we
25 have some partners on that are helping us that are

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2 right in this room right now on an issue that is of
3 paramount importance that we've neglected for too
4 long, and that's the issue of insurance for people
5 in our health center. We have taken on an
6 initiative of making sure that every eligible person
7 who comes to the health centers has access to
8 insurance. Access to insurance. Why is that
9 important? Certainly revenue is an issue with that,
10 but it's not the paramount issue. We know that the
11 people who suffer the most from disparities in
12 health care are the uninsured. The Institute of
13 Medicine has just completed a report about the
14 severe health deficits that accrue to people who do
15 not have health insurance.

16 And so that's the focus of getting
17 everyone insured. Everyone insured that is eligible
18 in those health centers. That began on October 28th
19 in force and it's going to be ratcheted up in the
20 weeks ahead to make sure that we have an opportunity
21 -- and not just to send people from the health
22 centers to the county assistance office, but to help
23 them right there on site. Enroll right there.
24 Complete the application and help them. That's the
25 kind of thing that's going to also go a long way.

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2 These are small pieces, but they're all
3 related. If we can work and focus on that and never
4 lose sight of the goal, I believe we're going to be
5 successful.

6 COUNCILWOMAN TASC0: Well, we certainly
7 hope so. And we look forward to your report of next
8 year, but we will be working with you in the
9 interim.

10 MR. DOMZALSKI: I appreciate that,
11 Councilwoman Tasco. And just for me and for my
12 staff, I want to just say that we've already lost a
13 half a day. All right. We only have 364 1/2 days
14 left to make good on this promise.

15 COUNCILWOMAN TASC0: Well, we welcome
16 the new -- how did you spell the new doctor's name?

17 MR. DOMZALSKI: It's Joanne Godley,
18 G-O-D-L-E-Y, M.D.

19 COUNCILWOMAN TASC0: Well, we welcome
20 you to Philadelphia. And we certainly will be
21 calling you to meet with you to sit down and discuss
22 your plans for moving this whole issue forward.
23 Members of the Committee, Councilwoman Miller and
24 then Councilwoman Brown.

25 MR. DOMZALSKI: Good afternoon,

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2 Councilwoman.

3 COUNCILWOMAN MILLER: I just have a
4 couple questions. In hearing the testimony, in
5 particular reading the testimony, I see that smoking
6 cessation programs are a big plus. Do we have those
7 within the Health Department, or you refer
8 elsewhere? Certainly the alcohol and the drug --
9 well, I know we have plenty of drug treatment
10 programs. What's happening with smoking cessation
11 for pregnant women?

12 MR. DOMZALSKI: We have cessation
13 programs now that are part of our prenatal clinic
14 operation, but we're going to have many, many more.
15 We've been fortunate to secure tobacco funding out
16 of the tobacco dollars. What we're doing is we're
17 putting those dollars out on a community-wide basis
18 so that we can get community-based organizations to
19 help us deliver smoking cessation programs to also
20 be able to support nicotine substitutes, so this is
21 a critical part and, Councilwoman Miller, the
22 smoking piece impacts so heavily on pregnancy
23 outcomes that we can't afford not to have this.
24 We'll be -- in fact, we're almost at the end of our
25 award with community-based organizations now and so

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2 we'll be rolling those out, I would say, over the
3 next 30 to 60 days.

4 COUNCILWOMAN MILLER: A couple other
5 questions. Thank you. Do you have data on planned
6 versus unplanned, in particular, first pregnancies?
7 Because when I read some of the education stuff here
8 and read recommendations, they're all talking about,
9 two years prior to conceiving that the woman should
10 do X, Y, and Z. Well, I just have a feeling, and
11 maybe it's just a feeling, that a whole bunch of
12 women are not thinking two years ahead because
13 they're not planning pregnancies. I worked in
14 family planning. In fact, my tenure in family
15 planning was actually my first job. I worked in
16 family planning probably for about 10 or 12 years
17 during my 20s and into my 30s. I've counseled a lot
18 of women and held lots of workshops on the whole
19 issue of planned versus unplanned parent. And it
20 just seems a little bit unrealistic that -- it might
21 be a recommendation and maybe it's true. But it
22 seems a little bit unrealistic that we're going to
23 find women two years out to say this is what you
24 have to do in order to two years from now -- and I'm
25 not just talking about the Health Department,

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2 because most of the groups that were up here today
3 made that kind of reference about reaching women
4 when they're planning pregnancies. And I just
5 really would like to know how many people have
6 actually sat down and planned a pregnancy, if you
7 have data on that.

8 And the other thing that I'd like to
9 know, particularly as it relates to the African
10 American community, that we just seem to be a little
11 bit -- it's not really decreasing in numbers in
12 terms of infant mortality. Has there been any data
13 collected and published that talks about the profile
14 of these mothers or these babies and the living
15 situation, the mother, et cetera? For example, you
16 come into my house -- let me just use myself as an
17 example real quick. I have two children. My first
18 daughter was definitely unplanned at age 20. I had
19 another daughter later in life who was little bit
20 planned, just a little bit planned. Okay. I have a
21 Master's degree in administration. So I'm just
22 connecting me with all the stuff that I've read here
23 day. But in the meantime, so you come over and say,
24 Okay, well, Donna, what were you doing at age 20?
25 What happened here? How was your diet? I hate

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2 fruits. I hate vegetables. I like them a little
3 bit now because I'm older and I know the value and
4 somebody showed me how to cook them. Way back I
5 just grew up hating vegetables. So I know that all
6 that has an impact on my ability to have a healthy
7 baby. Both of my children were healthy and well.
8 So are we -- but if they weren't, are we taking the
9 information that we're collecting to do prevention?

10 For example, too, when I read this
11 brochure here from, "Reduce the Risk of SIDS, place
12 your baby on a firm mattress such as in a safety
13 approved crib". All right. Good. I just read
14 that. But one of the other speakers today said in
15 the African American community, people don't have
16 cribs. It needs to be plain. I had no idea that
17 people didn't have cribs. Now, maybe that's
18 something that we can mobilize around. So we hear
19 things plain and direct. I mean, the language on
20 flyers and brochures are fine. But when we knew the
21 senior citizens didn't have air conditioners, didn't
22 have fans, people started to do what they needed to
23 do to help to deal with that issue of the deaths of
24 the senior population from the heat. So sometimes
25 things have to be in real plain language for people

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2 to understand it. We don't need to be trying to
3 figure out what the sentence is inferring. We just
4 need to know what it is. Maybe someone may not
5 throw their crib on the trash; they may give it away
6 to somebody or some organization. I never really
7 thought about the fact that people don't have cribs.
8 I don't know what a safety approved crib is, but I
9 do know what a crib is. So I guess I just wanted to
10 ask the question about the profiling, but then kind
11 of make some of those statements. Because sometimes
12 we as professionals, to me, just get too far out
13 with language and we're not really reaching people.

14 MR. DOMZALSKI: You couldn't be more
15 right. We do this all the time.

16 COUNCILWOMAN MILLER: Right.

17 MR. DOMZALSKI: We talk as though we're
18 talking to each other, and half the time we don't
19 understand each other.

20 COUNCILWOMAN MILLER: That's right.

21 MR. DOMZALSKI: But your point about
22 unplanned and planned, I mean, in my testimony I
23 think I have about six or eight bullets and I think
24 bullet number four might be access to contraception.
25 But it doesn't get to the point. Here's, I think,

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2 what might get to the point in terms of planned and
3 unplanned. In the last year there were 119 babies
4 born to women under the age of 15. There were 1,412
5 babies born to women under the age of 18 in
6 Philadelphia. And what this gets to is when I
7 talked about the social services component and the
8 fact that we get in a room and we're all able to
9 talk to each other, one of the big components that
10 we're looking at is the investment in children. I
11 have a button on that says, "Hey, what about the
12 kids?" And that's the focus that we're on. And
13 when the Mayor talks about the children's investment
14 strategy and we talk about needing to provide
15 after-school programs for a hundred thousand
16 children, one of the things we're talking about,
17 this whole business of health and looking at women's
18 health from the standpoint of women other than baby
19 makers, the entire women spectrum of health. And
20 that has to be part of it. The nutrition, the
21 planning of becoming a parent and the entire
22 process. But when children don't have access to
23 those kinds of continuous services -- I mean, I
24 think the after-school programs and those beacon
25 schools are going to be part of this strategy

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2 because it's the way we get to the people that we
3 need, the children that we need to get to. Those
4 figures I just recited, they're children. They're
5 babies having babies, and so that's an avenue to get
6 there. You're so right, Councilwoman. And we'll
7 clean up our language.

8 COUNCILWOMAN MILLER: Thank you.

9 COUNCILWOMAN TASCO: Councilwoman Brown.

10 COUNCILWOMAN BROWN: Thank you, Madam
11 Chair.

12 To underscore Chairwoman Tasco's remarks
13 regarding an action plan or a plan of action, as you
14 move forward to craft the plan, that sort of draws a
15 strong link between areas of need that which have
16 been highlighted through this hearing and provision
17 of services that address those needs. Is it
18 reasonable to draw a relationship between a lack of
19 a presence of a health center or some coordinated
20 level of service and the rise of the issue we've
21 been talking today that has been happening in a
22 remarkable way the past number of years? Is it
23 reasonable to draw a relationship between the two?

24 MR. DOMZALSKI: I think we have to draw
25 a relationship between the indicator, infant

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2 mortality, and access to services.

3 COUNCILWOMAN BROWN: Okay.

4 MR. DOMZALSKI: Access to service is
5 critically important. One of the things that I
6 think all of the data indicate when we look at some
7 of the household surveys that we have, is that
8 Philadelphia, from the standpoint of having services
9 available, does pretty well in terms of just where
10 they are. In terms of -- I mean, we've got
11 federally qualified health centers. We've got the
12 City health centers. We've got academic medical
13 centers offering service. We've got nursing
14 services. I'm going to a program, I think, tomorrow
15 night where we're opening another community health
16 center associated with one of the academic medical
17 centers. So we have these services there. The
18 question is, who knows about them, to whom are they
19 targeted, and is the constellation of services
20 appropriate? When I mean, the constellation of
21 services is appropriate, I mean appropriate to
22 Philadelphia and to that particular neighborhood.

23 One of the things that we have going on
24 in Philadelphia right now, we talk about health of
25 young people. We have an epidemic going on among

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2 15- to 19-year-olds of sexually transmittable
3 diseases, specifically chlamydia and gonorrhea. And
4 what ought to be a standard of care in this City is
5 that when any practitioner sees an adolescent
6 between the ages of 15 and 19, that a screening test
7 for chlamydia and gonorrhea be done. And so this is
8 the kind of thing where the Health Department can
9 bring this information out, talk to the care
10 providers and say, these ought to be standards of
11 care.

12 To talk about -- when we have nurse home
13 visiting. I was to a case conference in West
14 Philadelphia with one of our home visiting teams and
15 I listened to the various services that we were
16 bringing together to help this family. There were
17 three families talked about. And, you know, that
18 team did not know what the infant mortality rate was
19 in -- it's that neighborhood where they were working
20 in. So we've got to bring this together. So it's
21 access. We've got to have care. We've got to have
22 access. And we've got to make sure that people know
23 where those services are and where they're not.
24 Maybe someone wants to opens a health center, you
25 know, right next to where there might already one.

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2 And if there's some flexibility, we might say, hey,
3 what about this area. I think that's the kind of
4 thing that we can do as a community.

5 COUNCILWOMAN BROWN: Okay. Is it fair
6 to say that we can anticipate a plan that speaks to
7 accessibility which you've addressed, availability
8 of information? Because oftentimes it doesn't get
9 to the people who deserve it most, and then the
10 targeting or marketing of that information to those
11 communities who also need it most.

12 MR. DOMZALSKI: Exactly. Exactly. And
13 that's what's so special about getting the Health
14 Commissioner out to those neighborhoods as we go
15 through and we've gone through the safe streets and
16 neighborhood transformation. There's going to be
17 more of that. We're going out there all the time
18 and that's where our focus is going to be.

19 Just as Councilwoman Miller indicated,
20 we've got to make sure we're understood, that the
21 information is understandable that we get out there,
22 and that we don't tell people, you know, something
23 that just is so incomprehensible that it doesn't
24 make any difference whether we told them or not.

25 COUNCILWOMAN BROWN: Thank you very much

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2 for your testimony. Thank you, Madam Chair.

3 COUNCILWOMAN TASC0: Thank you so much
4 for your testimony. We appreciate it very much and
5 we look forward to working with you in the next
6 coming months on some of the things you've outlined.

7 MR. DOMZALSKI: Thank you, Madam Chair.

8 COUNCILWOMAN TASC0: Just for those
9 people who might be here for the public property
10 hearing planned for today at two o'clock regarding
11 the airport competition hearing, that meeting has
12 been rescheduled to Wednesday, October 9th at 10:00
13 a.m. That's on the airport.

14 While we're on the government issue, we
15 have the Physician General of Pennsylvania here.
16 We're going to ask him to come forward and we'll
17 complete the government panel and we'll go into the
18 advocates panel, because they have all the answers.
19 And those of you who can stay, we appreciate your
20 staying.

21 They're here from Harrisburg and we know
22 they have to take whatever train they can get.
23 There might not be a train. They might have to walk
24 to Harrisburg.

25 Good afternoon.

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2 DR. MUSCALUS: Good afternoon.

3 COUNCILWOMAN TASC0: Speak directly into
4 the mike, please. We're glad you've come day.

5 DR. MUSCALUS: Thank you. Councilwoman
6 Tasco and members of the City Council, I'm Dr. Rob
7 Muscalus, and I have the privilege of serving as
8 Pennsylvania's Physician General. With me today are
9 Darlene Sampson and Stacy Schwartz, both from the
10 State Department of Health.

11 One of my roles as the State's Physician
12 General is to be an advisor to the Governor and to
13 the Secretary of Health on a variety of public
14 health and public policy issues. I have a great
15 interest in activities that are related to health
16 promotion and disease prevention and I greatly
17 appreciate the opportunity to be here this afternoon
18 and to address you to discuss the topic of infant
19 mortality.

20 At the outset, though, I must express
21 some frustration. Within blocks of where we are
22 sitting right now, we find some of the most
23 prestigious medical institutions in the United
24 States and, for that matter, the world. And within
25 those same blocks we find many of our citizens,

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2 Philadelphia residents, who do not have access to
3 medical services for some of their most basic health
4 care needs.

5 Now, the reasons, as you know, are
6 varied. They're complex, and oftentimes involve
7 disparity issues among certain racial and ethnic
8 minorities. And I think we all realize there is no
9 single solution. Today provides an excellent
10 opportunity to evaluate the issue of infant
11 mortality and to discuss ways in which all of us can
12 work together to do what we can to give our youngest
13 citizens the best possible start in life that they
14 can experience.

15 I want to start my discussion by
16 emphasizing several points. First, the US
17 Department of Health and Human Services has
18 acknowledged that the issue of infant mortality is
19 an important measure of our nation's health. And
20 according to Healthy People 2010 objectives, the
21 issue of infant mortality is one of the six primary
22 health focus areas in which minority groups
23 experience serious disparities in health outcomes.
24 And, therefore, it's important to integrate all of
25 the Healthy People 2010 related target areas when

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addressing this issue. Now, target areas include, but they're not limited to, the following: Reducing pregnancies among adolescent females, increasing the proportion of women who receive care beginning in the first trimester of pregnancy, and also, reducing low birth weight.

The second item I would like to emphasize is that the State Department of Health has been and continues to provide financial support to the City of Philadelphia for health services; services specific to maternal, infant, child, and also children with special health needs. The total amount for the current fiscal year, 2002-2003, is projected to be at almost \$3.7 million with almost \$2 million directed to provide primary and preventative maternal and infant services.

And third, building on the administration's commitment to healthier communities, our Health Secretary, Robert Zimmerman, appointed members to a Minority Health Task Force in the spring of 2001. This was developed to assist in the preparation of a special report on the health status of minorities in Pennsylvania. The report, which recognized the value of getting a broad-based

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2 community perspective, was released in April of
3 2002. I have a copy with me and we did bring
4 additional copies with us. And if you or anyone,
5 frankly, in the audience would like additional
6 copies, we'll be happy to make them available. We
7 believe that it's an excellent planning tool for
8 communities, as well as a strategic guide for public
9 and private collaboration. Now, the information and
10 recommendations address specific health actions,
11 health data and Healthy People 2010 goals and
12 objectives directed at minority groups and health
13 issues. We believe that this report should be used
14 by counties, cities, townships and municipalities in
15 order to provide baseline information that will help
16 in developing programs and strategies to address a
17 variety of health care needs, including those
18 related to infant mortality.

19 Now, as indicated in the reports, the
20 infant mortality rate for African American infants
21 in Pennsylvania was three times greater than white
22 infants. And the infant death rate for Latino
23 infants was one-and-a-half times higher than it was
24 for white infants.

25 Now, if we study the statistics we will

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2 note that we have made some progress. From 1996 to
3 2000 the infant death rate per 1,000 live births in
4 Philadelphia dropped from 12.2 to 10.3. Despite the
5 steady decline in infant death rates over the last
6 few years, and despite the impressive growth in
7 community health improvement partnerships across
8 Pennsylvania, minority communities remain
9 under-represented and there is still much more that
10 needs to be done.

11 Now, I would like to sit here today and
12 hand you a prescription that tells you exactly what
13 you should do to make things better, but
14 unfortunately, I do not have such a prescription.
15 However, it's important to point out that ultimately
16 this issue must be addressed at the very local level
17 and that personal responsibility must be combined
18 with community support.

19 While leadership and financial support
20 can be provided by the federal, state and county
21 government, as well as by the City, the answer does
22 not rest alone in dollars, nor does it rest alone in
23 the construction of more facilities. It goes beyond
24 that and includes a variety of other factors.
25 Things like personal health habits. For example,

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2 the use of tobacco, drugs, and alcohol and the
3 effects they can have on our children. Another
4 factor may involve access to care and increasing a
5 person's awareness and knowledge of certain
6 practices or habits that may have a cultural basis,
7 but may also be based on incorrect information.
8 Such as a simple thing as making sure our infants
9 are placed on their backs when they sleep as opposed
10 to lying on their stomachs. Clearly, it's up to
11 individual communities to work hard to identify and
12 assess what specific issues exist that impact infant
13 mortality and then develop strategies for improving
14 outcomes.

15 Some strategies may, in fact, require
16 additional dollars, more transportation. Others may
17 only require changes to a program structure, in
18 addition to on-hand educational activities. What
19 you are doing today is certainly a step in the right
20 direction. You're getting as much information as
21 you can to more clearly understand the issues.
22 Having done this, I believe you will be better able
23 to define what the problem areas are and then be
24 able to address them in a practical manner.

25 I want to thank you for the opportunity

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2 to be here. I'll be happy to address any questions
3 you might have.

4 COUNCILWOMAN TASC0: Thank you very
5 much. Do you have any questions? Let me ask you --
6 in all of this discussion today you just kind of hit
7 home to me. We have all the statistical data. I
8 think what's missing is that we're not talking to
9 the people. We need to go into the community and
10 have sit-down chitchats with folk and just say,
11 "What's going on with you? What's the real deal?
12 What's the problem?" Because we gather the
13 information from the health records, however you
14 gather that, but have we really said to a person who
15 -- maybe a mother who has lost her baby. We talked
16 earlier about providing postnatal support to the
17 mother who has lost a baby. What happens to her?
18 How does she feel? What does she feel happened?
19 Maybe, what did she do? Again, that's very
20 sensitive and some people may or may not want to
21 share. But where we can, we might need to find
22 there's another piece to all of this, that we need
23 to go out into the community. The African American
24 community is very closed-mouthed. They don't want
25 to talk a lot about themselves or what's going on.

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2 And we might find a lot of information by doing
3 that.

4 DR. MUSCALUS: Well, I can't agree with
5 you more. First of all, as I said, I don't think
6 Harrisburg can prescribe what should be done. And
7 in many ways I don't think City Hall can prescribe
8 what should be done in a specific area. It doesn't
9 do us any good to send out questionnaires if the
10 people that we're trying to reach have difficulty
11 reading them. It doesn't do us good to construct a
12 facility in an area that's designed to treat young
13 children if most of the people that live in that
14 area are senior citizens. And I think you're
15 exactly right. It is important for individuals who
16 are trusted and respected in certain communities to
17 be in a leadership role, to be able to communicate
18 with members of that community to better identify
19 what the issues are and how they best can be
20 addressed.

21 The comments earlier about a crib or no
22 crib, those are the types of things that can only be
23 obtained through a dialogue at the local level.
24 Now, I certainly believe that there is a need for
25 leadership and support from the state and federal

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2 levels. But ultimately it is a local issue that
3 must be addressed.

4 COUNCILWOMAN TASCO: Identify yourself
5 for the record, please.

6 MS. SAMPSON: I'm Darlene Sampson. As
7 Dr. Muscalus said, I also work for the Health
8 Department. I'm the Special Assistant to the
9 Secretary of Health on matters related to minority
10 health. And I just want to say, Councilwoman Tasco,
11 that your point is well taken. And just to give you
12 some idea of some other things the Health Department
13 has done that really speak to the question you just
14 asked, when we were developing our special report on
15 minority health we actually went out -- Dr. Muscalus
16 mentioned in his remarks that we wanted to get a
17 broad-based perspective on what the health issues
18 were in minority communities. We actually did a
19 series of ethnic community forums across the state.
20 And, in fact, we had three of those forums here in
21 Philadelphia. Dr. Robinson, who is a member of our
22 task force, participated in that as well.

23 But we went into communities and we did
24 exactly what you said. We went in, we asked the
25 communities what they perceived their health threats

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2 were in their communities, and we got a lot of good
3 input from communities. In fact, that's how we got
4 a lot of the recommendations that we have in our
5 report. We went and we talked to communities and
6 heard firsthand what they thought some of the issues
7 were. And we plan to continue to have that kind of
8 dialogue with communities.

9 COUNCILWOMAN TASCO: Okay. Thank you.
10 Earlier, Dr. Muscalus, we talked about -- one of the
11 witnesses talked about Medicaid only being provided
12 to women in Pennsylvania up to 60 days after birth.
13 What is the possibility to get the state to extend
14 that to beyond that, to two years as has been done
15 in some states?

16 DR. MUSCALUS: That would certainly be
17 an issue that would have to be looked at by the
18 Department of Public Welfare, the General Assembly
19 and the Governor's Office. My office has a
20 peripheral role with regard to that. But we'll be
21 very pleased to take any messages back to Secretary
22 Houston and Secretary Zimmerman with regard to that.

23 COUNCILWOMAN TASCO: Okay. You stated
24 that the City gets about \$3 million from the state.
25 Is that for targeted programs or is that Medicare?

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2 DR. MUSCALUS: My understanding is
3 that's for a variety of health care services with
4 almost \$2 million going specifically for women,
5 infants, and children with special needs. We would
6 be more than happy to provide you with a more
7 specific breakdown if you would like that.

8 COUNCILWOMAN TASCO: Okay. Well, thank
9 you very much. Dr. Robinson, since you participated
10 in this panel, do you want to have some brief
11 comments? Don't leave yet. There may be other
12 questions. Just some brief comments about --

13 DR. ROBINSON: Thank you very much,
14 Councilwoman Tasco. I did work on this task force.
15 I was a member of the panel and made a lot of the
16 suggestions that you see inside of the report here.

17 But not only did I work on that panel,
18 but I've also worked on the issue of infant
19 mortality going back to when I first came here as
20 Deputy Health Commissioner. And also I'm a member
21 of the Philadelphia County Medical Society, which is
22 why I'm here today to speak, and I help with the
23 development of the block captains programs. That
24 was one of the programs that came out of, you know,
25 our program.

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2 But I think I do have some answers or
3 some suggestions for you in terms of what's really
4 happening with infant mortality. I think that there
5 are some things that we can do which would actually
6 have an impact on infant mortality. It was very
7 important what Councilwoman Donna Reed-Miller said,
8 and I wish she was here to hear this, when she
9 talked about the issue of unplanned pregnancies here
10 in Philadelphia. I actually went back and looked
11 further back at what was actually going on. I said,
12 well, we have this infant mortality, but what about
13 the babies who died who are not born. And then I
14 went back even further and what I found out, which
15 is very interesting, which I'm sure a lot of people
16 don't realize this, but there were over 14,000
17 abortions in Philadelphia in 1999. 14,158 was the
18 exact number. There's only 21,000 babies born. So
19 if you look at the issue of unplanned pregnancies,
20 that's 14,000 babies obviously that weren't planned
21 for or were not wanted if they're being aborted. So
22 this is an issue also which is having an impact on
23 that. But also --

24 COUNCILWOMAN TASCO: That goes to part
25 of my issue of family planning and access to birth

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2 control.

3 DR. ROBINSON: That's right.

4 COUNCILWOMAN TASC0: And education.

5 DR. ROBINSON: That's right. But that's
6 having the impact even on the numbers also. But
7 also look at the number of fetal deaths. These are
8 the number of babies who are born in utero. That's
9 you know -- which is like 16 weeks on. That number
10 is twice the number of the neonatal deaths. You've
11 got like about 500-something of them. I have the
12 exact number here. In 2000 it was 476. And in
13 1999, there were 526 fetal deaths. So these are all
14 numbers which you're really looking at when you talk
15 about the health of about babies, you know, being
16 born here. These are very important numbers as
17 well.

18 Now, there's some other issues, too, we
19 really didn't address so much. But there are some
20 things which we know from a medical standpoint which
21 are responsible for having low birth weight or
22 preterm babies. And some of them were mentioned,
23 but not all of them. Maternal obesity has been
24 linked to fetal death. Poor nutrition during
25 pregnancy. Cigarette smoking, I'm glad somebody

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finally mentioned that. Of course, that's one of my big areas. I worked with the federal government on doing the book on smoking cessation, which was a very popular book. Hypertension, which we didn't mention, previous to pregnancy. A person with hypertension is four times as likely to result in inadequate fetal growth. Sexually transmitted diseases and vaginal infections. The use of alcohol during pregnancy. And also the issue of drug abuse, which was not addressed. The use of cocaine and heroin and other drugs and -- we actually did a study where we actually did an overlay of the communities that had high rates of infant mortality. And what you find is that they have high murder rates in those areas, high rates of HIV and high rates of other diseases, which are also associated to things like drug abuse and, you know, sales of drugs in those neighborhoods. That's what those murders are over, over people fighting for drug turfs and things like that.

Now, another thing too which was interesting, because Councilman Goode asked this question and I really have the answer to it, because he was asking, you know, if it's purely a matter of

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socioeconomics. Back in about 1992 or '93 when we first started our Healthy Start Program, I looked at the issue of infant mortality and about the economic or socioeconomic conditions that were resolved.

What I found out was that it's not totally economics. What I did was I compared Haiti. As you know, Haiti is the poorest country on the continent. And Haiti has a population, an African American population, which is very similar to the African population here. You know, it's just a matter of who basically got off the boat first. But Haiti, being very poor, actually had a lower infant mortality rate than in North Philly and Southwest Philadelphia at that time, even though it was the poorest country on the continent. And I think that that shows, points out, that it's not purely an economic or the amount of money that you spend. Because people in Haiti, they're eating better foods. They don't have the same types of stresses that we have here. Also the family situation is much different and so forth. So, you know, just because you're poor, I tell people, that does not mean that you have to be unhealthy.

Now, the final thing that I'd like to

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2 say was we had a meeting as a member of the County
3 Medical Society. I called together all the doctors.
4 Dr. Kean was part of that committee. There was a
5 Dr. Hernandez, he wasn't here, but he was also part
6 of that team. He's from Temple, the head of their
7 program there. We got together and we said, Well,
8 what is it that is needed to be done to have an
9 impact on this area? And we decided that the
10 medical community could not solve this problem.
11 We've made many advances in the medical community by
12 having intensive care units, by having prenatal
13 clinics and all of this. This has made a dramatic
14 difference. But this is not going to make the
15 difference between those numbers that we have,
16 because now we've already reached the top of that
17 technology. And you heard that also from the guy
18 from Jefferson and the other doctor said that. What
19 do we need? We decided that what we need is
20 education, and that education is going to be the key
21 to us solving this problem.

22 I really wish that there were someone
23 here from the school system because I think that
24 that is also one of the areas that we need to make
25 it mandatory, that these issues are addressed in the

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2 schools. And I'm not talking about in high school.
3 I'm talking about in middle school because what
4 we're finding is that women 13, 14, 15 are having
5 babies. In fact, I did a study -- I was working
6 with a Dr. Johnson, Leonard Johnson, who has this
7 youth adolescent clinic. Sayre Middle School has
8 the highest rate of teenage pregnancy. That's the
9 middle school. And I actually went to that school
10 and talked to the gym class and gave them, you know,
11 an education and so forth about these issues. And I
12 think that that's really where we need to spend more
13 focus. I know that we can have some impact in the
14 schools. And it should be mandatory that all
15 children in the school get this type of education.
16 And these are the things which I think that they
17 should specifically be given in public schools.
18 They should be taught early nutrition, exercise,
19 substance abuse, Responsible sexual behavior and
20 sexually transmitted diseases, the issues of
21 abstinence and contraception, appropriate pre- and
22 postnatal care, what you have to do to plan
23 pregnancies. They have to be taught about the issue
24 of breast-feeding. This is something that we didn't
25 mention, but do you know that babies who are not

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2 breast-fed are five times more likely to die than
3 babies who are breast-fed? And breast-feeding is
4 not as high in the black African American community
5 and that's not natural. Because in Haiti, all
6 babies are breast-fed. And also the issue of SIDS,
7 Sudden Infant Death Syndrome. A third of the babies
8 are dying because of this Sudden Infant Death
9 Syndrome.

10 And there's many things that you've
11 talked about, like a crib and how you lay the baby
12 on its side instead of on its back. There's many
13 things that can be taught to mothers to prevent
14 these types of things as well. So I think that
15 education is what we really need to get out of this.
16 We're going to have to work with the medical
17 institutions and the institutes and the intensive
18 care units, but if we're going to really have an
19 impact, we have to educate our population to make
20 the right choices to prepare for their pregnancies
21 and we can really reduce a lot of these deaths.
22 Thank you.

23 COUNCILWOMAN TASC0: Thanks very much.
24 Very good. Thank you. Thank you so much. We thank
25 you for coming down from Harrisburg, Dr. Muscalus

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2 and your staff -- well, your associates or staff,
3 and thank you. We'll probably be in touch with you.
4 Thank you.

5 To my advocate community, thank you for
6 sitting here for so long.

7 We need about a five-minute break for
8 the stenographer.

9 (Brief recess.)

10 MS. FISCHER: Hi, I'm Joanne Fisher and
11 I'm the Executive Director of the Maternity Care
12 Coalition. I am very delighted to be here today and
13 I want to thank Council for hosting these hearings
14 and also for those of you who have hung in these
15 many hours of testimony. And I am very encouraged
16 that, as a result of these hearings, that already
17 our discussion has been elevated and that there will
18 be new approaches and new commitments to these
19 longstanding and persistent issues.

20 I'd like to say in preparation for
21 today's hearing I went back to the Maternity Care
22 Coalition archives -- and we were here before in
23 1988 -- and I have, Too Many Babies Are Dying, a
24 piece that we did. And at those hearings I would
25 have been wearing a button that said, "Our Babies

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2 Are Dying," and we did have a room full of our
3 clients here at that point in time. And I have all
4 of the statistics and papers from those hearings.
5 And I want to say some things are the same and some
6 things have changed dramatically. We really have
7 made a tremendous amount of progress, but the
8 disparities persist. And I also want to recall that
9 at those hearings we brought in folks from around
10 the country who had very exciting and interesting
11 approaches to infant mortality and community-based
12 programs. And maybe the next set of hearings we
13 could do that again as well so that we can learn
14 from folks around the country.

15 I also note that while we continue to
16 talk about infant mortality as having many causes
17 and that we -- and I was so delighted to hear
18 Commissioner Domzalski speak about women's health --
19 that absent from today's panel are folks speaking
20 specifically about behavioral health, depression,
21 drugs and alcohol. And I think if we are looking at
22 these issues we really have to pay a lot of
23 attention -- Larry Robinson mentioned chronic
24 disease -- but to look at these issues in more
25 depth.

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2 It was out of those hearings back in
3 1988 that the Mom Mobile was born, and today we have
4 10 Mom Mobile sites and vehicles throughout the
5 Delaware Valley and eight in Philadelphia. And we
6 have served over 44,000 families in the past 20
7 years, including 5,000 last year.

8 COUNCILWOMAN TASC0: You have 10 Mom
9 Mobiles?

10 MS. FISCHER: Ten Mom Mobiles in the
11 Delaware Valley, eight in Philadelphia.

12 COUNCILWOMAN TASC0: Do we have one in
13 West Oak Lane?

14 MS. FISCHER: We do not have one in West
15 Oak Lane. And one of the things that I'd like to
16 say is that Shelah has come to us, you've spoken to
17 us, members of the communities have spoken to us,
18 and we are eager and ready to develop a Mom Mobile
19 in Oak Lane. And the problem is, and I guess I'll
20 jump right to the resource issues, is that right now
21 because of the hospital malpractice situation, we
22 have seen tremendous cuts in our revenue. Right now
23 we are struggling to keep the Germantown Mom Mobile
24 alive, let alone start a new Mom Mobile. Last year
25 as a result of the malpractice crisis Einstein had

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2 to lay a tremendous number of staff off and had to
3 cut a lot of community health services, including
4 their support of the Mom Mobile program in
5 Germantown. So of a \$200,000 program we now have
6 lost from their contract an additional -- we lost
7 \$90,000.

8 COUNCILWOMAN TASC0: How much does it
9 cost for a Mom Mobile?

10 MS. FISHER: About \$200,000.

11 COUNCILWOMAN TASC0: That's for the
12 vehicle and to pay for the service?

13 MS. FISCHER: The vehicle is minimal.
14 It's really about the program and paying for the
15 staff. You need a minimum of three people for
16 security and basically economy of scale to serve the
17 community.

18 And I want to say that if we also look
19 at our testimony in 1988, we looked at what
20 percentage of the City's budget went to maternal and
21 child health. I don't have those figures here
22 today, but I urge you to get those figures. I know
23 that in our budget, that in the early '90s, City
24 funds constituted about 60 percent of our budget.
25 Now, City funds are about 24 percent of our budget,

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2 so that we have had to increasingly raise more
3 dollars. The City contracts that we have have been
4 flat for about six years. I have to give staff
5 salary increases, my health insurance goes up and
6 there have not been additional funds even for the
7 sites that we have, let alone developing new sites.
8 And we have had to rely more and more on other
9 grants, contracts and funding from private
10 foundations and individuals. This summer I think
11 we've done something like 27 grant proposals to try
12 to keep existing services funded.

13 Now, I'd also like to say the City has
14 an opportunity to leverage dollars. Because as we
15 heard, not only are Health Department dollars
16 involved, but DHS dollars are involved and
17 behavioral health dollars are involved and early
18 intervention dollars are involved and drug and
19 alcohol dollars are involved and Medicaid managed
20 care dollars are involved. And we still are
21 thinking about this in, you know, in terms of
22 categorical funding. And programs are being
23 developed by a funding source rather than around the
24 needs of a particular family or a particular
25 community. And one of the things that I would like

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2 to see is for the City to take leadership to try to
3 blend some of those funding streams around the needs
4 of communities. I also want to caution the City
5 because there is no silver bullet here. And there
6 are fads and there are programs -- even the Mom
7 Mobile Program being in East Oak Lane will not solve
8 all the problems.

9 Now, I can tell you that we've done
10 enough research that we know that more people get
11 into prenatal care in those areas where there is a
12 Mom Mobile than those areas when there is not a Mom
13 Mobile. We do know that we can link people with
14 services. We know that we can increase their
15 knowledge of HIV prevention, lead reduction. And we
16 also have had outside researchers who have indicated
17 that communication between health care providers and
18 families are improved when there is a Mom Mobile
19 program or people participate in a Mom Mobile
20 program.

21 And finally, that individuals
22 participating in a program like ours can set goals
23 for themselves and feel empowered to take better
24 care of themselves and their children. And that
25 information comes from researchers speaking directly

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2 to the women who have participated in the program
3 pre-test, post-test, et cetera. But we can't do
4 this alone. We can get people into prenatal care
5 where problems can be picked up earlier, but we
6 still need that whole array of intensive services,
7 and particularly drug and alcohol support, mental
8 health services, et cetera.

9 I also want to say Healthy Start in
10 itself won't do it. Healthy Start can be very
11 valuable for boosting the development and intensity
12 of services in the community. But I want to caution
13 you about relying on one program. Healthy Start has
14 very specific and narrow funding criteria. So, for
15 example, in West Philadelphia now, we're in a
16 situation where we can only serve people in two zip
17 codes. We now have a waiting list for clients from
18 other zip codes in West Philadelphia. And pregnant
19 women can't wait. All right. And we need a program
20 that can be responsive to the specific needs of a
21 specific community. And, you know, I think Healthy
22 Start is a good example of where, you know, policy
23 is set, research is done, policy is set and then
24 finally put into a practice, but it's often based on
25 research that's a few years back. So we have to

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2 constantly be innovating.

3 We heard a lot today about the David
4 Olds Program, another program I followed for a very
5 long time and has demonstrated some important
6 results. However, it also has very stringent
7 criteria for who can participate. It has to be a
8 first-time pregnancy. It has to be within the first
9 trimester. Well, most teens don't even know they're
10 pregnant in the first trimester. So, you know, how
11 do you translate those kinds of programs into the
12 specific needs of families? One of the other things
13 is that we know the biggest indicator of a preterm
14 birth is having had a previous preterm birth. Well,
15 we're not going to be dealing with those families
16 with the Olds project. So we need a variety of
17 approaches in communities.

18 I became pregnant for the first time 22
19 years ago. And my son was one of the last babies
20 born at Presbyterian Hospital and it closed it's OB
21 unit shortly thereafter. In 1983 my daughter was
22 born at Boothe Maternity Center. It closed in 1989.
23 And in both cases Maternity Care Coalition spoke out
24 about the diminishing choices for families. In the
25 past two years Philadelphia and the adjacent

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2 suburban counties have lost seven of the 39 remain
3 maternity units. And Councilman Ortiz was
4 absolutely correct in terms of the impact of the
5 closure of Episcopal within that community. And
6 while this is in South Philadelphia, some folks say,
7 well, it's not that far to Center City. Knowing
8 that community, it's very far from Center City. And
9 it also means that there is not a prenatal care
10 program for folks on Medicaid in South Philadelphia.
11 So Health Center 2 only goes so far into South
12 Philadelphia. So that that community has been left
13 really needing services.

14 Also, I want to urge the City to take
15 some leadership to get people to sit down and talk
16 about this. Ron Wapner spoke a little bit about how
17 we have not looked at how support services have been
18 cut. He's absolutely right. We get a call from the
19 Mom Mobile from a hospital whose fired all their
20 social workers and said, "Will you come do outreach
21 in our clinic?" You know, we're -- basically, folks
22 are expecting us to take over the jobs of the social
23 workers in those hospitals. And, you know, not pay
24 for it. So there is a lot that needs to be done.

25 I want to draw your attention to one

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2 other issue. And that is the issue of maternal
3 mortality and morbidity. And I was very happy to
4 hear Commissioner Domzalski talk about the FIMR, the
5 Infant Mortality Review. I would like to suggest
6 that we also look at pregnancy-related death review,
7 and we have begun to do that in the City. I was one
8 of three people who last year attended the Center
9 for Disease Control Summit on safe motherhood in
10 Atlanta, Georgia. It was right around this time
11 last year, and as a result of 9/11, the momentum of
12 that conference was curtailed. However, Maternity
13 Care Coalition did host a meeting on safe motherhood
14 in June of this year and we learned there has been
15 no decline in maternal morbidity since 1982. That
16 nationwide, 7 to 8 per 100,000 births result in a
17 mother's death. And last year there were 12
18 pregnancy-associated deaths in Philadelphia. And
19 while the numbers are relatively small, African
20 American women are four times as likely to die from
21 a pregnancy-related cause. So this is another area
22 that really deserves our attention.

23 Finally, I would like to say that we
24 have to look at these programs in the context of
25 women's lives. And we were not the least bit

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surprised to hear about the lack of cribs in the African American community. In fact, in Northwest Philadelphia we have a mom/baby closet that we do in conjunction with Saint Martin's Church in Chestnut Hill to try to provide those kinds of concrete services to families. We get calls from people for formula and diapers and basic necessities every day. And we understand that those material goods become more and more important as people get poorer and poorer. And in terms of the availability of services, particularly with the new work requirements under TANF, people are not at home and feeling more and more stressed to get back to work quickly, since there's only one year of a work exemption for someone who is pregnant or has a young child. And that's one year for life. So if you plan to have another baby, you better be getting your schooling and your child care in shape early on if you want to meet the work requirements. So all of the services and the context of providing those services have to be within that context. And then looking at what programs are available to working families.

I think I will let my other colleagues

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2 continue here, but I know that the City can take an
3 important role in terms of bringing people together.
4 And again, I'd like to say that it's so important to
5 not waste our resources on new start-ups of new
6 things and not build on the resources that are
7 already there in the community, the tremendous
8 talent that is here and that exists in the
9 community. Thank you.

10 COUNCILWOMAN TASC0: Thank you.

11 MS. FITCHETTE-GORDON: Good afternoon,
12 everyone. I am Karen Fitchette-Gordon. I'm
13 Executive Director of Philadelphia Black Women's
14 Health Project. I'd like to start by giving just a
15 little bit of background of the Project, because I
16 run into people all the time who think that the
17 Project sprung up last year, when actually next year
18 will be our 20th anniversary.

19 The Project is a private, non-profit,
20 community-based organization whose goal is to
21 provide health education, self help, training and
22 advocacy to black women and their families. It was
23 started when a group of women from Philadelphia
24 attended a historic national conference on women's
25 health in Atlanta, Georgia in 1981. We've

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2 maintained an office in North Philadelphia since our
3 inception, and over five years ago a satellite
4 office was opened in Southwest Philadelphia when the
5 Project was awarded a Healthy Start grant. That
6 office is now at 42nd and Chestnut Street.

7 The Project strives to promote positive
8 health care outcomes for black women. We, as black
9 women, must define, promote and maintain the
10 physical, mental, emotional and spiritual well-being
11 of black women through education, training and
12 advocacy. That's our mission. That is what we try
13 to do every day. PRIME, Partners in the Reduction
14 of Infant Mortality Efforts, is one of our largest
15 programs and it provides service to teens and women
16 and their families who live in North Central
17 Philadelphia. The targeted population is pregnant
18 and parenting women and teens. We do workshops on
19 various topics and make referrals to other human
20 service organizations for such needed things as
21 disposal diapers, formula for infants, clothing,
22 housing, relief for utilities, all of those things
23 to help a woman live a healthier life and therefore
24 provide a healthier life for her children.

25 Infant mortality rates among blacks

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city-wide are disheartening. In 2000 the infant mortality rate was 14.2 percent compared to the white infant mortality rate of 6.1 percent. The infant mortality statistics in North Central Philadelphia are staggering. Strawberry Mansion, which is in the heart of North Central Philly, has a population of over 47,000. Over 80 percent of the residents in Strawberry Mansion are black. In 1999 the infant mortality rate was 16.9 percent. The percentage of low birth weight babies was 15.6 percent and the percentage of women who received little or no prenatal care was 11.9 percent. However, we cannot let those statistics color the fact that infant mortality rates are rising in parts of the City other than North Central.

According to Neighborhood Watch 2001, which was recently published by the Department of Public Health, Division of Early Childhood, Youth and Women's Health, infant mortality rates in the City are 12.7 and 11.1 percent of babies are born with low birth weight. In the Olney, Oak Lane, Germantown section of the City, infant mortality rate is 16.7 percent and low birth weight is 11.5. District Health Center 9, which serves Germantown,

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2 Olney and Oak Lane, reports that of 2,809 births,
3 the infant mortality rate was 12.6; low birth weight
4 was 10.4.

5 To go back to what Commissioner
6 Domzalski said is let's take away the percentages
7 and look at it as a baby. That's 325 deaths and
8 approximately 300 low birth weight babies out of a
9 thousand. That's 625 babies out of 1,000 babies.
10 That is horrendous. Despite support services that
11 are available in many parts of the City, residents
12 of one of the most densely populated and most
13 underserved areas are not getting the support they
14 need that will increase their chances of better
15 health outcomes. There seems to be an impression
16 that women in a neighborhood like Germantown, Olney
17 and Oak Lane, all served by Health Center 9, are
18 being afforded all the supports they need. That
19 they have sufficient resources to meet their needs.
20 If this were true, infant mortality and low birth
21 weights would not be as high as they are. I'm a
22 30-year resident of that area. We have limited
23 support service in this part of the City. And as
24 executive director of the Philadelphia Black Women's
25 Health Project, I often get calls from women in

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2 these neighborhoods seeking help with medical
3 services, child care services, referrals for food,
4 clothing, housing, and utility bills. These women
5 want to know why so few services are in their
6 neighborhoods. Lack of these necessities impact
7 upon a woman's ability to successfully bring a
8 healthy baby to term.

9 There's been a change in the
10 demographics in this area, and I think that you look
11 at the statistics and you go -- you look at
12 statistics every 10 years. Ten years ago or 20
13 years -- let's go 20 years ago when the neighborhood
14 was beginning to change. If you look at the
15 statistics then, that area was primarily senior
16 citizens. And you cannot look at statistics every
17 10 years and expect to make a change because
18 neighborhoods change quicker than that. I have been
19 there for 30 years and began to see the change at
20 the time the young lady spoke, that Health Center 7
21 and 8 closed. That's the time that the change came.
22 That's the time when there were younger families in
23 the neighborhoods who were now having these
24 teenagers or other younger children who are getting
25 pregnant. Services are not there. And they're

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2 looking at stats that were true in 1970. The
3 neighborhood is not what it was in 1970. I look at
4 the churches in the neighborhood, that when I moved
5 there, were synagogues. Now they're baptist
6 churches, because the neighborhood has changed.
7 Those things cannot be overlooked when it comes to
8 providing services.

9 There's a dire need for more
10 community-based organizations in the Germantown,
11 Olney and Oak Lane sections. I don't ignore the
12 services that are provided by hospitals and the
13 various nurses programs. These programs,
14 unfortunately, are not reaching the most needed --
15 the women who most need the services. The visiting
16 nurses program is offered by Temple, Chestnut Hill,
17 LaSalle. Visiting nurses have limited capacity to
18 address the needs of this largely minority,
19 underserved population. In addition, many woman who
20 are victimized by the lack of cultural competency
21 are more comfortable interfacing with grass roots
22 community-based services. These types of
23 organizations have much to offer in the way of
24 support, resources, education and nuturing.

25 Organizations like the Project and

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2 Maternity Care Coalition have been providing
3 services to this target group of women for many
4 years, and yet neither organization is able to
5 adequately meet the growing and critical needs of
6 the women who reside in East and West Oak Lane where
7 we see rising infant mortality rates.

8 It's clear that attention needs to be
9 paid to funding and support in areas of Northwest
10 Philadelphia and Oak Lane. With unemployment rates
11 rising, managed care locking poor women out of
12 sensitive, quality medical care and community-based
13 organizations with limited capacities to provide
14 adequate support services, childbearing women are
15 made very vulnerable. These woman so desperately
16 need sensitive and competent organizations that will
17 provide supports to better insure health outcomes.

18 Increased education and support through
19 community-based organizations would help women
20 starting in the teenage years to begin to look more
21 critically at their health and to avoid many of the
22 things that impact upon their health. Education and
23 training offered by community-based organizations
24 would make teens and women more aware of nutritional
25 needs for them and their children, would teach life

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2 skills that, in turn, would allow teens and women to
3 make better overall choices for themselves. This
4 would lead to healthier lifestyles that benefit
5 women throughout their lives. The Project believes
6 that healthy women have healthy families.

7 Community-based organizations provide a
8 variety of supports for women who may be at risk for
9 -- healthy pregnancy. These supports better enable
10 a woman to have a full-term healthy baby with less
11 risk of mortality. Community-based organizations
12 oftentimes are staffed with women from the community
13 who are in tune to their community and its needs.
14 They are more likely to be on the same level as the
15 women they are working with and, therefore, have
16 fewer barriers to overcome in working with them.

17 These organizations need more support so
18 that culturally sensitive programs and services can
19 be provided to this population of teens and women.
20 Though there are many organizations, there is
21 limited support. The need for them is growing and
22 resources are diminishing. We need more investment
23 from our elected officials and policy makers for the
24 health and the lives of women and children so that
25 all women and children can enjoy healthier and happy

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2 lives.

3 COUNCILWOMAN TASCO: Thank you.

4 MS. YANOFF: Good afternoon.

5 COUNCILWOMAN TASCO: Good afternoon.

6 MS. YANOFF: I'm Shelly Yanoff from
7 Philadelphia Citizens for Children and Youth, the
8 regions outside of Government Child Advocacy
9 Organization. I want to commend my colleagues on
10 this panel and actually before -- I'm just going to
11 give my recommendations because you've been sitting
12 for a while, but I want to say that every
13 recommendation that was made today was very
14 important. And we totally agree with all of them.
15 Except perhaps that the state gives enough to
16 maternal and child care. Babies shouldn't be
17 expected to stand up and pull themselves up by their
18 own bootstraps either.

19 I want to just begin for a minute,
20 Joanne mentioned 9/11 and the CDC recently -- and I
21 think, Councilwoman Tasco, you referred to it -- did
22 a study and it compared infant mortality rates in
23 the 52 largest cities in the country. And it
24 reported on infant mortality rates. And then it
25 reported on the black infant mortality rates and

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2 white infant mortality rates and Latino infant
3 mortality rates. And one had to gasp at the
4 persistent large gaps between African American
5 babies dying and white babies dying. And in this
6 time when we're talking about 9/11, I sort of think
7 we should have a moment of silence for every one of
8 those babies who died unnecessarily, and because of
9 a community that refuses, a society that refuses, to
10 hold every baby born up and say, look what a miracle
11 this is and get behind it. And we ought to be about
12 the business of doing that.

13 But now I want to just turn -- well,
14 before I turn, I want to comment that I grew up and
15 lived next door to the area we're talking about.
16 And it is not, by a long shot, the poorest community
17 in this City. It is a community of working-class
18 and middle-class people. It's numbers are shocking,
19 therefore, and have to bring us back to say, there
20 are not a lot of community-based organizations there
21 because most of those people have been out doing
22 other things, working. They've not been spending a
23 lot of time in their community. That's not a value
24 statement. That's just the reality. So what do we
25 do? What do you do as policy makers? What do we do

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2 as advocates in addition to the recommendations that
3 have been made? I think we've got to -- somehow,
4 there's something for all of us. There's something
5 for the federal government to do in making it an
6 imperative that real serious research dollars be
7 addressed to looking at that gap and to making and
8 funding programs, making recommendations and funding
9 them to close it. It is a disgrace. It is
10 something that is shocking.

11 Secondly, we ought to insist that our
12 state officials do, indeed, talk to -- when, not if,
13 but when they're going to apply for a Medicaid
14 waiver so that we can, in fact, assure women that
15 they will be covered in those most vulnerable times.
16 We've all talked today about the critical importance
17 of healthy women for healthy babies and, in fact, I
18 want to commend the Health Department for its
19 analyses of what's going on in -- particularly in
20 your area, Councilwoman Tasco. And what they found
21 was a very high degree of chronic hypertension among
22 the women. Well, we all say women should be healthy
23 before pregnancy and take care of themselves. But
24 what do we do to make that possible? First of all,
25 hospitals are curtailing services. You know it.

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2 You've heard it. The City must become an active
3 proactive convener in the action of health care
4 providers. In the last six years many hospitals
5 have closed services without a public discussion or
6 debate concerning the impact of those on the
7 community. The infant mortality rate may well be
8 much worse next year because we have not seen the
9 numbers yet as a result of this year's closing or
10 last year's closing. We still just got 2000. This
11 is 2002. We have just named another four hospitals
12 that have closed.

13 We urge the Council to hold hearings,
14 examine the impact and take appropriate action. All
15 of those service providers get some support from the
16 City. You are not powerless. We are not powerless
17 to do that. We also ask again that the state act on
18 the insurance crisis and develop appropriate
19 consumer patient focus responses, in addition to
20 extending Medicaid.

21 The second issue we want to talk about
22 for a minute is the danger of working in hazardous
23 environments. Many of the women who work in that
24 area work in small business outside of the reach of
25 the Family Medical Leave Act, outside of all other

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2 health and safety reaches. They're working in small
3 businesses. We urge you to recognize that inhaling
4 smoke is very dangerous, whether you're smoking or
5 you're working in a smoke environment. It's bad.
6 It's bad for your baby. Therefore, we urge you to
7 support City Council's legislation that has been
8 introduced before to prohibit smoking in the
9 workplaces of the City. And, actually, I have to
10 say that it doesn't make it -- it doesn't make it
11 easier to make exemptions where you know women work
12 in those areas. So there's a lot of problems with
13 excluding some areas like restaurants because that's
14 whose waitressing most of the time. It's most of
15 those women.

16 The difficulty of securing appropriate
17 physical and mental health treatment during the
18 workday has got to be addressed. My colleagues
19 mentioned the fact that the welfare reform, used in
20 quotation marks, does require people to go to work.
21 And as a result most of them do not have the ability
22 to go to secure treatment, whether it's for their
23 depression, for their hypertension or just prenatal
24 care. They can't go during nine-to-five hours. And
25 there's not a lot of other options for them. So we

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2 have got to figure out ways that this City and this
3 City Council can do something about that. I think
4 that we could. We would urge you to pull together
5 the Chamber of Commerce Small Business Task Force,
6 some citizen activists, some health professionals,
7 and work together on how, indeed, the City could
8 develop a model program to assure that women can go
9 and take care of their medical and their children's
10 health needs during the workday at the same time.
11 Of course, as we have to also urge that you keep
12 track of insisting that any health care provider
13 make room for an hours after work and on Saturdays
14 so that people can go visit and get their health
15 care needs taken care of. There are not enough
16 health clinics, centers, prenatal care or mental
17 health programs in many sections of the City. And
18 that is absolutely true in the section we are
19 talking about. The City should expand it's services
20 to meet the needs of the people in the Northwest, to
21 encourage its private partners to do so and,
22 actually, there are other areas as well, but clearly
23 in the sections of the Northwest we're talking
24 about.

25 Next, many pregnant women do not know

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2 that they and their infants are eligible for health
3 insurance and the importance of prenatal care. It
4 still exists, that non-information. The City, in
5 collaboration with the private sector and the state,
6 should develop a major public education program
7 about the importance of seeking prenatal care. And
8 actually, as well, the important of breast-feeding.

9 Lastly, many women are not prepared for
10 the difficult, important task of parenthood.
11 Confusion leads to complications. When Councilwoman
12 Tasco and I were first pregnant we were supposed --
13 we thought you were supposed to put your babies down
14 on their belly. Then we found 15 years later that
15 that wasn't true. Well, luckily our babies were
16 okay, but --

17 COUNCILWOMAN TASCO: I should have put
18 him on his back.

19 MS. YANOFF: Well, it's true. They were
20 just very different things. This City can be safer.
21 The City and state should develop programs that
22 assures all babies have home visits, not just the
23 few that -- those that meet the David Olds model,
24 which is a wonderful program. And we should have it
25 all over and not have it be like a lot of programs.

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2 If you're outside of the boundaries, you don't get
3 it. One of the reasons I would posit that West Oak
4 Lane and Cedarbrook and Ogontz have such bad figures
5 right now is that they were never bad enough. They
6 were triaged out right away. And so we turn around
7 and we look and we have to pay for the consequences.
8 But we're not paying. Babies are and families are.
9 We should be doing much better than that.

10 So I think we can reduce SIDS by home
11 visiting, and really building that kind of
12 relationship up with home visiting. And make the
13 state and the City come together and say, we're
14 going to visit every baby, every newborn, and we're
15 going to follow up where necessary.

16 Second, we can deal much better with how
17 healthy women are during their pregnancy if they, in
18 fact, are reached out to, if they are informed, and
19 if there's a place they can go to get the care and
20 it's open when they need it. And they've got to be
21 able to do that not just when they're pregnant.
22 They've also got to be able to do that -- if we're
23 going to have healthy babies, the moms have to be
24 healthy. What research says is before they get
25 pregnant. That doesn't mean we have to plan that

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2 I'm going to get pregnant in two years and,
3 therefore, I'll be healthy. It means they've got to
4 be healthy anyway. And I think that, in that, we've
5 got to deal with the states, Medicaid extension and
6 we've got to really deal with there being adequate
7 clinics. There's no health care clinic really
8 that's set up to deal with the population in the
9 area you're talking about. We can do better than
10 that if we open our eyes to it.

11 And I want to also say that I think we
12 need to have hearings on this every year. We are
13 not constantly alert to issues in public health that
14 can save babies, that can save children. And only
15 when you have a public calling together do people
16 say, oh, wow, yeah, it didn't do so well. We can do
17 better than that. And at least 224 babies this year
18 should tell us that we ought to. Thank you.

19 COUNCILWOMAN TASC0: Thank you very
20 much. We really appreciate your comments and your
21 recommendations. I do agree with Karen and you too,
22 Shelly, because what we fail to do, what government
23 fails to do, is to look at the change in the trends.
24 Well, you know, 1990 census said, this is what the
25 neighborhood looked like. And if you go up and you

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2 drive through the neighborhood, you see it doesn't
3 look like the neighborhood in 1970 or '75 or '80.

4 Or even though you have -- you talk
5 about white flight. You talk about middle-class
6 black flight. Because when we moved to that area,
7 it was predominantly upper, middle-class working
8 people. A lot of them did have health care because
9 they worked for the schools. They were doctors.
10 And I can name some very important people who lived
11 right around my neighborhood who have now gone on.
12 And that's okay because people's income increase and
13 they move. And, of course, people followed in their
14 footsteps. They may not have the same level of
15 income that they had. And so instead of the
16 bureaucrats saying, well, we have to follow the
17 federal guidelines, we have to deal with the census
18 information that exists today. And, you know, the
19 demographics of the neighborhood has changed. And
20 so, I was like a voice in the wilderness because, as
21 you said, we weren't that bad. We didn't meet the
22 numbers, but we knew that the problems existed.

23 And we don't have a lot of
24 community-based organizations in that community
25 because they just have not evolved. You have to

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1
2 know that neighborhood. But there are organizations
3 that we might be able to encourage to come into the
4 community if we find a facility for them to operate
5 out of. So there are a lot of things that I've --
6 thoughts in my head that sort of -- that have come
7 to me about what we can do to provide outreach up
8 there in that community. Not re-inventing the
9 wheel, but hopefully using the existing resources
10 that are available just to expand in that area and
11 to work to get those resources for them to operate
12 in that community.

13 So, we are going to be very active in
14 trying to bring those resources to that area. And,
15 of course, I do agree with Dr. Robinson, education
16 is extremely important. And there is hope now.
17 Today what we will do with this, the results of this
18 hearing, we will develop a report and then we'll
19 develop an action plan. And certainly we'll be back
20 to you about that action plan because it will
21 probably involve you in whatever we do. And we have
22 some preconceived notions about what we want to do,
23 but we haven't come to a conclusion on that yet. It
24 will evolve as a result of the testimonies today.
25 And I think we got some very, very good information.

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2 I think now we have enough statistics. We have
3 enough documentation. What we need to do is figure
4 out what is the action plan and how we get it
5 moving.

6 And so, I'm encouraged by the Health
7 Commissioner. I'm encouraged that he's brought on
8 staff to work in this problematic area. We will be
9 meeting with them very soon.

10 And, again, I don't want anyone to feel
11 that I begrudge any community for having received
12 funds or are working with the City on programs in
13 their neighborhood. My role is to advocate and
14 secure something for my district. And so what we
15 have to do is look at how we restructure the way we
16 fund programs and how do we just find a better way
17 of doing business. And so we appreciate everyone
18 who has come.

19 Councilwoman, do you have any comments
20 or you have questions?

21 COUNCILWOMAN BROWN: No, I don't.

22 COUNCILWOMAN TASC0: Is there anyone
23 else here to testify on this resolution? We will
24 not adjourn. We will recess to the call of the
25 Chair because it leaves the record open. And we

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2 will call our Health Commissioner back definitely
3 this time next year, but you never what happens
4 between now and then in terms of what action or
5 information we may need to call this committee back
6 and we can do that with adequate notice. Joanne.

7 MS. FISCHER: I know a number of us will
8 be upset if we don't get on the record the
9 connection with oral health and pregnancy.

10 COUNCILWOMAN TASC0: Oh, yes.

11 MS. FISCHER: And that there are very
12 important new research findings there. And also,
13 looking at the oral health status, particularly of
14 adolescent girls, is another area that we really
15 have to look at in addressing this issue.

16 COUNCILWOMAN TASC0: Yes?

17 MS. YANOFF: I wanted one more, if I
18 may?

19 COUNCILWOMAN TASC0: Sure.

20 MS. YANOFF: That is that there are a
21 lot of rumors right now because the City is facing
22 perhaps a financial crunch of critical programs
23 being lessened. This City government -- and I've
24 been advocating, as you know, for a long time -- has
25 never seriously, never, ever, ever seriously

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2 invested in maternal and child health. And the idea
3 that there are rumors now that we may be facing a
4 pulling back of the few home visiting programs that
5 do exist, we ask you to exercise a lot of
6 guardianship over those programs because we don't
7 want to wake up one day when it's too late, we could
8 have done some -- made some noise had we known.
9 Thank you.

10 COUNCILWOMAN TASCO: I'd just like to
11 say that my child is much older than 22, but I
12 remember when I first went to -- and I didn't know
13 anything about having a baby -- but I went to the
14 University of Penn clinic. And they had a mother's
15 club. And the mother's club we went once -- every
16 time we went for a visit, we went to the mother's
17 club. And we made clothes for our babies. And at
18 the mother's club they talked to us about what it
19 meant to have a baby, what was going to happen to
20 you. So you got a lot of information. And
21 certainly you see on television, everybody says,
22 well, my water's going to break right away. And
23 mine leaked, but I wouldn't have known it had I not
24 gone to the mother's club. So that kind of
25 information is very important. Then after my son

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2 was born I had a visiting nurse. She came to help
3 me. And it was just a nice experience because
4 having a child is just very traumatic anyway. It's
5 an experience unto itself. But having those
6 supportive services are very important. And someone
7 said earlier all of those social services, all those
8 programs, are no longer in existence. That would
9 make it exciting for a young girl to want to go and
10 have her baby, if she had access to a mother's club
11 or that kind of thing, which was fun. You met other
12 women and you had dialogue.

13 But we still have a lot to do, a long
14 ways to go and it's not over yet. And hopefully we
15 can create some noise that we can make a difference.

16 Again, I want to thank all of you for
17 contending. Those people who came who did not
18 testify, but listened, we appreciate your presence.
19 Thank you very much.

20 I'd like to thank Ross Associates, Bill
21 Miller, and Janet Parrish who provided the technical
22 -- and Heidi Gold -- I'm sorry, Heidi -- for
23 providing the technical assistance to this committee
24 on this whole issue. And they will be working with
25 us to prepare the report and whatever future

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2 activity we are involved in. We will work with
3 them.

4 Thank you very much.

5 (Council recessed at 2:40 p.m.)

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C E R T I F I C A T I O N

I HEREBY CERTIFY that the foregoing
proceedings of the Council of the City of
Philadelphia of Public Health and Human Services,
were reported fully and accurately by me, and that
this is a correct transcript of the same.

RE: COMMITTEE ON PUBLIC HEALTH AND HUMAN SERVICES

Lisa C. Bradley, RPR
and Notary Public